

COVID-19 ALBERTA HEALTH DAILY CHECKLIST

Overview

This tool has been developed to support schools, activity organizers, employers, businesses and facility operators in reducing the risk of transmission of COVID-19 among attendees/staff. The tool is meant to be used to assist with assessing attendees who may be symptomatic, or who may have been exposed to someone who is ill or has confirmed COVID-19.

Attendees should complete this checklist prior to participating in the activity or program. Children and youth may need a parent to assist them to complete this screening tool.

If an individual answers **YES** to any of the questions, they **must not** be allowed to attend or participate in the activity or program. *Individuals with fever, cough, shortness of breath, runny nose, or sore throat, are required to isolate for 10 days per [CMOH Order 05-2020](#) unless they receive a negative COVID-19 test and are feeling better. Use the [AHS Online Assessment Tool](#) to determine if testing is recommended and follow information on [isolation requirements](#).

As the COVID-19 pandemic continues to evolve, this screening tool will be updated as required.

Screening Questions

| | | CIRCLE ONE | |
|----|--|------------|----|
| 1. | Does the attendee have any new onset (or worsening) of any of the following symptoms: | | |
| | • <i>Fever*</i> | YES | NO |
| | • <i>Cough*</i> | YES | NO |
| | • <i>Shortness of breath / difficulty breathing*</i> | YES | NO |
| | • <i>Runny nose*</i> | YES | NO |
| | • <i>Sore throat*</i> | YES | NO |
| | • Chills | YES | NO |
| | • Painful swallowing | YES | NO |
| | • Nasal congestion | YES | NO |
| | • Feeling unwell / fatigued | YES | NO |
| | • Nausea / vomiting / diarrhea | YES | NO |
| | • Unexplained loss of appetite | YES | NO |
| | • Loss of sense of taste or smell | YES | NO |
| | • Muscle/ joint aches | YES | NO |
| | • Headache | YES | NO |
| | • Conjunctivitis (commonly known as pink eye) | YES | NO |
| 2. | Has the attendee travelled outside of Canada in the last 14 days ¹ ? | YES | NO |
| 3. | Has the attendee had close contact ² with a confirmed case of COVID-19 in the last 14 days? | YES | NO |
| 4. | Has the attendee had close contact with an individual who has any one of the first 5 symptoms on this list (shaded) AND who is a close contact of a confirmed case of COVID-19 in the last 14 days? | YES | NO |

¹ Individuals legally required to quarantine for 14 days when entering or returning to Alberta from outside Canada

² Face-to-face contact within 2 metres. A health care worker in an occupational setting wearing recommended personal protective equipment is not considered to be a close contact.