

2019 new balance athletics series NEW!

may 26 June 2 & 9th @ foothills athletic park

meet director: Doug Lamont **meet manager:** Jason Lindsay

sanctioned by: Athletics Alberta **offered by:** Calgary Track Council

partnerships: New Balance Canada and Gord's Running Store



NBAS 2019 information

Featuring the Voice of Alberta Track and Field: Gord Lindsay

Entry Cost: \$15 per event (includes administration fee). Athletes must be registered with Athletics Alberta prior to submitting meet entry. If accepted late entries charged \$25/event.

Registration Deadlines: Entries via trackie.ca. Entries must be in before midnight on the Wednesday prior to the meet (May 22, 29 and June 5th). Late entries and changes will be accepted on Trackie till midnight the Friday prior to the meet(May 24, May 31 and June 7).

Day of the Meet Entries: are accepted at the meet directors discretion and or if there is space in the event. If accepted late entries will be charged an additional \$10 and must be paid with cash.

Where: @ Foothills Athletic Park

Facility: Versaturf surface for the oval and run-ups; 6mm maximum spike length; Concrete throwing circles.

Timing by: Finishlynx

Results by: Hytek Meet Manager

Seeding: Computerized seeding the day of competition.

schedules

Schedule guidelines: Events run approximately 1/2 hour per event. The listed order of events is the order of competition.

Final Schedule: will be posted on the day before the meet at www.calgarytrackcouncil.com.

Open athletes will compete first then U16 (master's competitors to compete with U16 - unless otherwise specified).

We are unable to accommodate requests for additional events into our schedules.

In the case of bad weather, a decision will be made to go ahead with the meet or cancel by 5 hours before the start of the meet. The information will be posted at www.calgarytrackcouncil.com.

NBAS 2019 notes

- We will be using the NCAA altitude conversions for the distance times conversion.
- U16's are not permitted to enter open field events.
- We will make every effort to to switch directions to get a positive wind for the sprints. Decision will be made 1 hour before by the meet management.
- Three jump maximum for horizontal jumps and throws, unless there is time permitting. If time permits, the top 4 male and female jumpers and throwers will be awarded an additional 3 attempts.
- \$50 cash prizes will be awarded for breaking existing open records under legal conditions (new events will not be considered). Additional \$50 for breaking a senior provincial record!
- Check-in Procedure: All track athletes must check-in at the starting line. There will be no additions made at the start line. No exceptions!
- Field events competitors must check in at the event.
- U18 / U20 / masters athletes may be accommodated for hurdle and barrier heights and for throwing implements. These events will not be scored.



Meet 1: Sunday, May 26 from 12:00 to 4:00

Open

Sprint Hurdles, 100m, 800m, 200m, 2000m S/C
Long Jump, Pole Vault, Shot Put, Javelin, **Discus**

U16

Sprint Hurdles, 100m, 800m, 200m, 1500m S/C
High Jump (includes masters), Shot Put, Javelin

Meet 2: Sunday, June 2 from 12:00 to 4:00

Open

400mH, 100m Heats, 1500m, 100m Final, 400m, 150m
High Jump (Opening Heights: women - 1.40m, men - 1.70m), Triple
Jump, **Pole Vault**, Shot Put, Hammer

U16

200mH, 100m, 1200m, 300m, 150m
Long Jump, Shot Put



Meet 3: Sunday, June 9 from 12:00 to 4:00

Open

Sprint Hurdles, Mile, 400m, 1500SC, 100m, 800m
Long Jump, High Jump, Pole Vault, Shot Put, Discus

U16

Sprint Hurdles, 300m, 1500SC (with water), 100m, 800m
Triple Jump, Shot Put, Discus

Bolded events are not series garnering events.





athletics grand prix and finale

Male and Female: 1st \$500, 2nd \$250, 3rd \$150, 4th \$100, 5th \$50

Athletes will be awarded points for overall event placing (not performance)

Scoring is as follows:

- Only your top 4 placings (open events only) count towards the point standings. You don't need to compete in all of the meets to be eligible for the prize money.
- Points are awarded for top 8 places in each open event as follows:
1st = 10pts, 2nd= 8pts, 3rd= 6pts, 4th= 5pts, 5th= 4pt, 6th= 3pts, 7th= 2pts, 8th= 1pt
- You must be born in 2002 or earlier to be eligible.
- Ties will be broken based on the highest score (IAAF points tables) during the **new balance finale**.
- You must be present at the **new balance finale** to win grand prix prize money!
- Top male or female performances (as voted on by meet management) will receive a \$200 cheque in each of the following event areas for each meet:
 - Track
 - Field
- Overall performance of the meet will receive an additional \$200 bonus.

U16 grand prix notes

- For athletes aged 15 and under as of December 31, 2019. (Born in 2004 or later)
- Points are scored in each event an athlete competes in. Totals are tallied throughout the series.

**BBQ's and door prizes upon the conclusion of the final event of meets.
Coaches, volunteers, officials and athletes are all welcome!**




new balance
athletics series meet records



as of May 2019

Records are Open Events Only (under legal conditions)

Men's Records

100m.	10.27	Brad McQuaig	1999
150m.	15.78	Ben Williams	2017
200m.	20.82	Brian Barnett	2009
400m.	46.43	Andrew Dargie	2008
110mH.	14.30	Kayden Johnson	2018
400mH.	51.71	Trent Ratzlaff	2007
800m.	1:49.09	Marco Arop	2017
1000m.	2:31.59	Alex James	2014
1500m.	3:53.65	Scott Arnold	2006
Mile	4:09.37	Scott Nicol	2012
2000m.	5:42.01	Gareth Hadfield	2014
3000m.	8:26.43	Russell Pennock	2017
1500 SC	4:17.34	Gareth Hadfield	2017
2000 SC	5:52.19	Gareth Hadfield	2017
3000 SC	9:30.93	Paul Chafe	2006
LJ	7.20m.	Scott Kimmins	1997
HJ	2.11m.	Noel Vanderzee	2018
TJ	16.06m.	Oral O'Gilvie	1999
PV	5.46m.	Spencer Allen	2018
SP	16.77m.	Ross Jordan	2017
DT	51.82m.	Kris Watson	1997
JT	74.51m.	Kyle Nielson	2014
HT	71.03m.	James Steacy	2014

Women's Records

100m.	11.54	Kaltouma Nadjina	2009
150m.	17.68	Loudia Laarman	2017
200m.	23.38	Kaltouma Nadjina	2005
400m.	51.65	Kaltouma Nadjina	2001
100mH.	13.41	Jessica Zelinka	2015
400mH.	59.96	Sage Watson	2011
800m.	2:07.52	Malindi Elmore	2004
1000m.	3:02.60	Claire Sumner	2014
1500m.	4:27.75	Jessica O'Connell	2017
Mile	4:58.16	Sarah MacArthur	2015
3000m.	9:29.59	Jessica O'Connell	2016
1500 SC	4:49.03	Maria Bernard	2017
2000 SC	7:06.69	Emma Neigel	2015
LJ	6.16m.	Nikki Oudenaarden	2015
HJ	1.83m.	Rachel Machin	2012
TJ	12.11m.	Mowa Adeleye	2018
PV	4.35m.	Kelsie Hendry	2009
SP	16.92m.	Taryn Suttie	2015
DT	55.02m.	Rachel Andres	2016
JT	59.12m.	Liz Gleadle	2012
HT	67.02m.	Heather Steacy	2015