

# BACK ON TRACK

## CHECKLIST



### THE CLUB STUFF

- Re-activate club status via Trackie
- Designate safety officers or officer
- Print copies of sanitization lists
- Print copies of daily attendance tracking lists
- Print a copy of or create a digital version of the daily clearance questionnaire
- Send attestation to club members to print and hand in to safety officer
- PPE and additional cleaning supplies

### COACHES STUFF

- Complete your re-activation on Trackie
- Complete your AA attestation
- Are you attending training today?
- Complete your daily checklist if you are going to train
- Verify your mailing address for your AA facemask
- Practice physical distancing

### INDIVIDUAL STUFF

- Complete your re-activation on Trackie
- Complete your AA attestation
- Complete your daily checklist if you are going to train
- Do not share snacks at training
- Do not share water at training
- Do not high-five at training
- Do not hug at training
- Do bring hand sanitizer for training
- Do bring your own disinfecting wipes
- Do practice physical distancing
- Do tell the safety officer if you feel uncomfortable being present at your training session.

### FIRST AID & HYGIENE STUFF

- PPE
- Bandages, tape, gauze, elastic wraps
- Aspirin, ibuprofen, acetaminophen
- Antibiotic wipes, hydrogen peroxide, cotton balls
- Antiseptic cream
- Sunscreen, sunburn lotion or ointment
- Scissors, tweezers, nail clippers, razor
- Bug spray

### DAILY CHECK IN STUFF

- Do answer the daily questionnaire

