

# BACK ON TRACK

## CHECKLIST

### THE CLUB STUFF

- ☐ Re-activate club status via Trackie
- ☐ Designate safety officers or officer
- ☐ Print copies of sanitization lists
- ☐ Print copies of daily attendance tracking lists
- ☐ Print a copy of or create a digital version of the daily clearance questionnaire
- ☐ Send attestation to club members to print and hand in to safety officer
- ☐ PPE and additional cleaning supplies

### COACHES STUFF

- ☐ Complete your re-activation on Trackie
- ☐ Complete your AA attestation
- ☐ Are you attending training today?
- ☐ Complete your daily checklist if you are going to train
- ☐ Verify your mailing address for your AA facemask
- ☐ Practice physical distancing

### INDIVIDUAL STUFF

- ☐ Complete your re-activation on Trackie
- ☐ Complete your AA attestation
- ☐ Complete your daily checklist if you are going to train
- ☐ Do not share snacks at training
- ☐ Do not share water at training
- ☐ Do not high-five at training
- ☐ Do not hug at training
- ☐ Do bring hand sanitizer for training
- ☐ Do bring your own disinfecting wipes
- ☐ Do practice physical distancing
- ☐ Do tell the safety officer if you feel uncomfortable being present at your training session.

### FIRST AID & HYGIENE STUFF

- ☐ PPE
- ☐ Bandages, tape, gauze, elastic wraps
- ☐ Aspirin, ibuprofen, acetaminophen
- ☐ Antibiotic wipes, hydrogen peroxide, cotton balls
- ☐ Antiseptic cream
- ☐ Sunscreen, sunburn lotion or ointment
- ☐ Scissors, tweezers, nail clippers, razor
- ☐ Bug spray

### DAILY CHECK IN STUFF

- ☐ Do answer the daily questionnaire

