

# GAAB Session 12

## AA Update

April 7, 2021



# Overview

1. Covid update
2. Association update - outdoor season
3. Annual General Meeting
4. Coaching Pathways (Carmyn)



# Review of Current Covid-19 Guidelines

- AHS Step1 of the Path Forward
- No cohorts required
  - ◆ multi-sport athletes okay as long as masked and distanced in all sports
- Indoors:
  - ◆ Adults: only 1:1 training. Must be distanced and masked
  - ◆ Age 18 and younger: indoor group training is okay; max to 10 people participating - inclusive of coach or trainers; mandatory distance of 3 metres for INSIDE; coach masked; masks may be removed for kids doing high-intensity.
  - ◆ More than one group of 10 may use the same indoor facility (*based on facility operator guidelines*) AS LONG AS 3 metres is maintained between and among the groups.

→ Outdoors:

- ◆ Up to 10 people, mandatory 2 metres apart. Masked, distanced.

→ Exemptions:

- ◆ Require Athletics Alberta request to AHS
- ◆ Take a few weeks
- ◆ Clubs are not allowed to solicit AHS directly for exemptions.

→ Rule of 2:

- ◆ No spectators allowed indoors. No gatherings or clusters of people. Safety of kids (rule of 2 for example) is important - the rule is to avoid clusters of people. It's okay to have a track monitor or other to ensure safe sport.

→ Equipment:

- ◆ Equipment may be shared if absolutely necessary AS LONG AS hands are sanitized prior to use and the equipment is sanitized prior. Then, afterward, sanitization to hands and equipment. Same as our guidelines for equipment use. This to say, distancing of 3 metres must be adhered while using the equipment.

# Questions



# Association Update

- Outdoor Season:
  - ◆ Going ahead with some events.
- Annual General Meeting:
  - ◆ Saturday, May 1 10 a.m.- noon
  - ◆ Virtual
  - ◆ Nominations in

# Questions





# Coaching Pathways

The background of the slide is white with abstract blue geometric shapes on the right side. These shapes include overlapping triangles and polygons in various shades of blue, from light sky blue to dark navy blue. The shapes are layered, creating a sense of depth and movement.