

Alberta Outdoor Records - Men

Event	Performance Name			Affiliation	Venue	Date
100m	10.01	1.7	Malachi Murray (00)	Capital City	Baton Rouge, LA	Apr 27 2024
200m	20.31	0.2	Bryan Barnett (87)	Capital City	Osaka, Japan	Aug 27 2007
400m	44.44		Tyler Christopher (83)	Legacy Athletics	Helsinki, Finland	Aug 12 2005
800m	1'41.20		Marco Arop (98)	Running Room AC	Paris, FRA	Aug 10 2024
1500m	3'35.38		Marco Arop (98)	Running Room AC	Philadelphia, PA	June 1 2025
5000m	13'29.67		Rory Linkletter (96)	Unattached	San Juan Capistrano	May 5 2022
10000m	27'48.23		Rory Linkletter (96)	Unattached	San Juan Capistrano	April 29 2025
Marathon	2'08.31		Rory Linkletter (96)	Unattached	Ottawa	May 25 2025
110m Hurdles	14.14	1.6	Ryan Wright (02)	Calgary Spartans	London, ON	May 28 2023
400m Hurdles	48.24		Adam Kunkel (81)	Legacy Athletics	Rio de Janeiro, BRA	July 27 2007
3000m SC	8'20.06		Ryan Smeeton (98)	Unattached	Eugene, OR	Jun 11 2022
20km RW	1:21'46		Tim Berrett (65)	Leduc Track	Victoria, BC	Aug 13 2000
50km RW	3:50'20		Tim Berrett (65)	Leduc Track	Tijuana, Mexico	Mar 21 2004
High Jump	2.22		Cory Siermachesky (69)	Capital City	Calgary, AB	July 23 1989
Pole Vault	5.46		Spencer Allen (93)	Edmonton International	Calgary, AB	May 27 2018
Long Jump	7.90	2.0	Kyle McDuffie (60)	Edmonton Olympic Club	Ottawa, On	Aug 3 1985
Triple Jump	16.29		Oral O'Gilvie (69)	Capital City	Modesto, CA	May 10 1997
Discus	55.89		Jim Steacy (84)	Chinook Track	Victoria, BC	July 10 2004
Hammer	79.13		Jim Steacy (84)	Chinook Track	Lethbridge, AB	May 16 2008
Javelin	74.84		Kyle Nielsen (89)	Chinook Track	Lethbridge, AB	May 18 2014
Shot Put	18.44		Chris Meisner (83)	Chinook Track	Victoria, BC	July 19 2003
Decathlon	8626		Michael Smith (69) (11.23 - 7.72 - 16.94 - 1.97 - 48.69 - 14.77 - 52.90 - 4.90- 71.71- 4'41.95)	Calgary Track West	Gotzis, Austria	May 6 1996

4x100m	40.02	James Dutton Brad McCuaig (70) Kofi Yekakpro Ricardo Greenidge	Calgary International	Calgary, AB	June 20 1999
4x100m - Club	40.02	James Dutton Brad McCuaig (70) Kofi Yekakpro Ricardo Greenidge	Calgary International	Calgary, AB	June 20 1999
4x200m	1'36.32	Yembeh Moiba (90) Elliot Ward (98) Clayton Hayes (88) Marin Boucher (00)	Capital City	Sherwood Park, AB	June 13 2015
4x200m - Club	1'36.32	Yembeh Moiba (90) Elliot Ward (98) Clayton Hayes (88) Marin Boucher (00)	Capital City	Sherwood Park, AB	June 13 2015
4x400m	3'10.90	Ian Gordon G. Bell R. Jacson Brian Cookshaw	Team Alberta	Sudbury, ON	Aug 24 1974
4x400m - Club	3'11.63		Calgary Spartans	Winnipeg, MB	July 1 1984
4x800m	8'28.30	M. Briar, T. Sharpe Y. Bahta, V. Gouttin	Calgary Spartans	Sherwood Park, AB	Jul 14 2024
4x800m - Club	8'28.30	M. Briar, T. Sharpe Y. Bahta, V. Gouttin	Calgary Spartans	Sherwood Park, AB	Jul 14 2024
4x1500m	Vacant				
4x1500m - Club	Vacant				
Medley 400m x 200m x 200m x 800m	3'32.82	Ryan Hagerty (02) Emiliano Velazquez (03) Yale O'Connor (05) Kaden Kingsmith (05)	Calgary Spartans	Calgary, AB	July 23 2025
Medley - Club 400m x 200m x 200m x 800m	3'32.82	Ryan Hagerty (02) Emiliano Velazquez (03) Yale O'Connor (05) Kaden Kingsmith (05)	Calgary Spartans	Calgary, AB	July 23 2025

Alberta Outdoor Records - Women

Event	Performance	Name	Affiliation	Venue	Date
100m	11.37	Esmie Lawrence (61)	Calgary Spartans	Rabat, Morocco	July 14 1989
200m	23.07	Atia Weeks (80)	Calgary International	Flagstaff, AZ	July 9 1998
400m	49.91	Jillian Richardson (65)	Calgary Spartans	Soeul, Korea	Aug 25 1988
800m	2'01.61	Jenna Westaway (94)	Calgary International	Ottawa, ON	July 8 2018
1500m	4'05.65	Malindi Elmore (80)	UC Athletics Club	Paris, France	July 6 2007
5000m	15'06.44	Jessica O'Connell (89)	UC Athletics Club	Stanford, CA	May 2 2015
10000m	32'30.08	Aster Demisse (83)	Edmonton Thunder	Vancouver, BC	June 4 2005
Marathon	2:33'51	Sandy Jacobson (66)	Calgary Spartans	Paris, France	Aug 31 2003
100m Hurdles	12.63	1.4 Angela Whyte (80)	Unattached Alberta	Carson, CA	May 20 2007
400m Hurdles	54.32	Sage Watson (94)	Unattached Alberta	Doha, QAT	Oct 2 2019
3000m SC	9'43.63	Maria Bernard (93)	UC Athletic Club	Portland, OR	June 16 2017
10km RW	51'01	Holly Gerke (64)	Edmonton Racewall	Vancouver, BC	May 2 2004
20km RW	1:34'50	Janice McCaffrey (59)	Calgary Track West	Victoria, BC	Aug 13 2000
High Jump	1.86	Christina Livingston (67)	Calgary Track West	Calgary, AB	June 22 1997
	1.86	Whitney Evans (80)	Calgary Warriors	Sacramento, CA	June 14 2003
	1.86	Whitney Evans (80)	Calgary Warriors	Claremont, CA	Apr 15 2005
	1.86	Rachel Machin (92)	UC Athletics Club	Ottawa, ON	June 1 2013
	1.86	Tricia Madourie (05)	Red Deer Titans	Azusa, CA	Apr 18 2025
Pole Vault	4.37	Rachel Hyink (98)	Edmonton International	Calgary, AB	June 18 2023
Long Jump	6.62	0.3 Krysha Bayley (84)	Legacy Athletics	Edmonton, AB	Aug 6 2001
Triple Jump	13.12	Nancy Lanovaz (63)	Rocky Mountain Road	Ottawa, ON	June 11 1993
Discus	59.31	Rachel Andres (87)	Caltaf	Ramona, OK	Apr 6 2024
Hammer	72.16	Heather Stacey (88)	Chinook Track	Tempe, AZ	Apr 6 2012
Javelin	64.83	Elizabeth Gleadle (88)	Chinook Track	Kawasaki, Japan	May 10 2015

Shot Put	17.01	Georgette Reed (67)	Calgary Spartans	Sydney, Australia	Feb 11 1996
Heptathlon	6314	Jessica Zelinka (81) (13.32 (-0.1) - 1.76 - 14.32 - 24.22 (-2.1) - 6.19 (0.1) - 41.52 - 2'12.48)	UC Athletics Club	Gotzis, Austria	May 27 2006
4x100m	45.62	Maxine Scringer (68) Esmie Lawrence (61) Cathy Chrusch (60) Gail Harris (66)	Calgary Spartans	Phoenix, AZ	Apr 5 1986
4x100m - Club	45.62	Maxine Scringer (68) Esmie Lawrence (61) Cathy Chrusch (60) Gail Harris (66)	Calgary Spartans	Phoenix, AZ	Apr 5 1986
4x200m	1'47.19		UC Athletics Club	Calgary, AB	July 4 2012
4x200m - Club	1'47.19		UC Athletics Club	Calgary, AB	July 4 2012
4x400m	3'37.26	Maxine Scringer (68) Esmie Lawrence (61) Gail Harris (66) Cathy Chrusch (60)	Calgary Spartans	Phoenix, AZ	Apr 5 1986
4x400m - Club	3'37.26	Maxine Scringer (68) Esmie Lawrence (61) Gail Harris (66) Cathy Chrusch (60)	Calgary Spartans	Phoenix, AZ	Apr 5 1986
4x800m	9'23.83	Tatum Wade (04) Lauren Westlake (04) Meagan Smith (01) Lucy Frasca (06)	UC Athletics Club	Calgary, AB	July 23 2025
4x800m - Club	9'23.83	Tatum Wade (04) Lauren Westlake (04) Meagan Smith (01) Lucy Frasca (06)	UC Athletics Club	Calgary, AB	July 23 2025
4x1500m	Vacant				
4x1500m - Club	Vacant				
Medley 400m x 200m x 200m x 800m	4'05.40	Candace Wonago (01) Allie Ruptash (02) Julia Lovsin (01) Olivia Cooper (01)	Team Alberta	Ste Therese, QC	Aug 6 2016

Medley - Club Vacant
400m x 200m x 200m x 800m