

## Alberta Outdoor Records - Men

| Event               | Performance Name |     |  | Affiliation            | Venue               | Date         |
|---------------------|------------------|-----|--|------------------------|---------------------|--------------|
| <b>100m</b>         | 10.01            | 1.7 | Malachi Murray (00)  | Capital City           | Baton Rouge, LA     | Apr 27 2024  |
| <b>200m</b>         | 20.31            | 0.2 | Bryan Barnett (87)   | Capital City           | Osaka, Japan        | Aug 27 2007  |
| <b>400m</b>         | 44.44            |     | Tyler Christopher (83)   | UA Athletics Club      | Helsinki, Finland   | Aug 12 2005  |
| <b>800m</b>         | 1'41.20          |     | Marco Arop (98)  | Running Room AC        | Paris, FRA          | Aug 10 2024  |
| <b>1500m</b>        | 3'38.36          |     | Marco Arop (98)  | Running Room AC        | Gainesville, FL     | April 1 2023 |
| <b>5000m</b>        | 13'29.67         |     | Rory Linkletter  | Unattached             | San Juan Capistrano | May 5 2022   |
| <b>10000m</b>       | 28'12.0h         |     | Peter Butler (58)  | Calgary Spartans       | Vancouver, BC       | July 18 1981 |
| <b>Marathon</b>     | 2'09.51          |     | Trevor Hofbauer  | Unattached             | Toronto, ON         | Oct 20 2019  |
| <b>110m Hurdles</b> | 14.14            | 1.6 | Ryan Wright (02)   | Calgary Spartans       | London, ON          | May 28 2023  |
| <b>400m Hurdles</b> | 48.24            |     | Adam Kunkel (81)   | Legacy Athletics       | Rio de Janeiro, BRA | July 27 2007 |
| <b>3000m SC</b>     | 8'20.06          |     | Ryan Smeeton (98)  | Unattached             | Eugene, OR          | Jun 11 2022  |
| <b>20km RW</b>      | 1:21'46          |     | Tim Berrett (65)   | Leduc Track            | Victoria, BC        | Aug 13 2000  |
| <b>50km RW</b>      | 3:50'20          |     | Tim Berrett (65)   | Leduc Track            | Tijuana, Mexico     | Mar 21 2004  |
| <b>High Jump</b>    | 2.22             |     | Cory Siermachesky (69)   | Capital City           | Calgary, AB         | July 23 1989 |
| <b>Pole Vault</b>   | 5.46             |     | Spencer Allen (93)   | Edmonton International | Calgary, AB         | May 27 2018  |
| <b>Long Jump</b>    | 7.90             | 2.0 | Kyle McDuffie (60)   | Edmonton Olympic Club  | Ottawa, On          | Aug 3 1985   |
| <b>Triple Jump</b>  | 16.29            |     | Oral O'Gilvie (69)   | Capital City           | Modesto, CA         | May 10 1997  |
| <b>Discus</b>       | 55.89            |     | Jim Steacy (84)  | Chinook Track          | Victoria, BC        | July 10 2004 |
| <b>Hammer</b>       | 79.13            |     | Jim Steacy (84)  | Chinook Track          | Lethbridge, AB      | May 16 2008  |
| <b>Javelin</b>      | 74.84            |     | Kyle Nielsen (89)  | Chinook Track          | Lethbridge, AB      | May 18 2014  |
| <b>Shot Put</b>     | 18.44            |     | Chris Meisner (83)   | Chinook Track          | Victoria, BC        | July 19 2003 |
| <b>Decathlon</b>    | 8626             |     | Michael Smith (69)<br>(11.23 - 7.72 - 16.94 - 1.97 - 48.69 - 14.77 - 52.90 - 4.90- 71.71- 4'41.95) | Calgary Track West     | Gotzis, Austria     | May 6 1996   |

|  |         |   |                       |                   |              |
|--|---------|---|-----------------------|-------------------|--------------|
| <b>4x100m</b>                                      | 40.02   | James Dutton<br>Brad McCuaig (70)<br>Kofi Yekakpro<br>Ricardo Greenidge                                   | Calgary International | Calgary, AB       | June 20 1999 |
| <b>4x100m - Club</b>                               | 40.02   | James Dutton<br>Brad McCuaig (70)<br>Kofi Yekakpro<br>Ricardo Greenidge                                   | Calgary International | Calgary, AB       | June 20 1999 |
| <b>4x200m</b>                                      | 1'36.32 | Yembeh Moiba (90)<br>Elliot Ward (98)<br>Clayton Hayes (88)<br>Marin Boucher (00)                         | Capital City          | Sherwood Park, AB | June 13 2015 |
| <b>4x200m - Club</b>                               | 1'36.32 | Yembeh Moiba (90)<br>Elliot Ward (98)<br>Clayton Hayes (88)<br>Marin Boucher (00)                         | Capital City          | Sherwood Park, AB | June 13 2015 |
| <b>4x400m</b>                                      | 3'10.90 | Ian Gordon<br>G. Bell<br>R. Jacson<br>Brian Cookshaw  | Team Alberta          | Sudbury, ON       | Aug 24 1974  |
| <b>4x400m - Club</b>                               | 3'11.63 |   | Calgary Spartans      | Winnipeg, MB      | July 1 1984  |
| <b>4x800m</b>                                      | 8'28.30 | M. Briar, T. Sharpe<br>Y. Bahta, V. Gouttin   | Calgary Spartans      | Sherwood Park, AB | Jul 14 2024  |
| <b>4x800m - Club</b>                               | 8'28.30 | M. Briar, T. Sharpe<br>Y. Bahta, V. Gouttin   | Calgary Spartans      | Sherwood Park, AB | Jul 14 2024  |
| <b>4x1500m</b>                                     | Vacant  |   |                       |                   |              |
| <b>4x1500m - Club</b>                              | Vacant  |   |                       |                   |              |
| <b>Medley<br/>400m x 200m x 200m x 800m</b>        | 3'38.21 | Colesen Faunt (98)<br>Chubba Hubbard (99)<br>Mehrddad Shokooi (99)<br>Ryan Smeeton (98)                   | Team Alberta Midgets  | Langley, BC       | Aug 11 2013  |
| <b>Medley - Club<br/>400m x 200m x 200m x 800m</b> | 4'04.04 | Enkh-Orgil Erdenebat (03 Caltaf<br>Caiden Schultz (03)<br>Alexander Leote (03)<br>Emiliano Velazquez (03) |                       | Sherwood Park, AB | July 29 2018 |

## Alberta Outdoor Records - Women

| Event               | Performance |     | Name                      | Affiliation            | Venue             | Date         |
|---------------------|-------------|-----|---------------------------|------------------------|-------------------|--------------|
| <b>100m</b>         | 11.37       |     | Esmie Lawrence (61)       | Calgary Spartans       | Rabat, Morocco    | July 14 1989 |
| <b>200m</b>         | 23.07       |     | Atia Weeks (80)           | Calgary International  | Flagstaff, AZ     | July 9 1998  |
| <b>400m</b>         | 49.91       |     | Jillian Richardson (65)   | Calgary Spartans       | Soeul, Korea      | Aug 25 1988  |
| <b>800m</b>         | 2'01.61     |     | Jenna Westaway (94)       | Calgary International  | Ottawa, ON        | July 8 2018  |
| <b>1500m</b>        | 4'05.65     |     | Malindi Elmore (80)       | UC Athletics Club      | Paris, France     | July 6 2007  |
| <b>5000m</b>        | 15'06.44    |     | Jessica O'Connell (89)    | UC Athletics Club      | Stanford, CA      | May 2 2015   |
| <b>10000m</b>       | 32'30.08    |     | Aster Demisse (83)        | Edmonton Thunder       | Vancouver, BC     | June 4 2005  |
| <b>Marathon</b>     | 2:33'51     |     | Sandy Jacobson (66)       | Calgary Spartans       | Paris, France     | Aug 31 2003  |
| <b>100m Hurdles</b> | 12.63       | 1.4 | Angela Whyte (80)         | Unattached Alberta     | Carson, CA        | May 20 2007  |
| <b>400m Hurdles</b> | 54.32       |     | Sage Watson (94)          | Unattached Alberta     | Doha, QAT         | Oct 2 2019   |
| <b>3000m SC</b>     | 9'43.63     |     | Maria Bernard (93)        | UC Athletic Club       | Portland, OR      | June 16 2017 |
| <b>10km RW</b>      | 51'01       |     | Holly Gerke (64)          | Edmonton Racewalk      | Vancouver, BC     | May 2 2004   |
| <b>20km RW</b>      | 1:34'50     |     | Janice McCaffrey (59)     | Calgary Track West     | Victoria, BC      | Aug 13 2000  |
| <b>High Jump</b>    | 1.86        |     | Christina Livingston (67) | Calgary Track West     | Calgary, AB       | June 22 1997 |
|                     | 1.86        |     | Whitney Evans (80)        | Calgary Warriors       | Sacramento, CA    | June 14 2003 |
|                     | 1.86        |     | Whitney Evans (80)        | Calgary Warriors       | Claremont, CA     | Apr 15 2005  |
| <b>Pole Vault</b>   | 4.37        |     | Rachel Hyink (98)         | Edmonton International | Calgary, AB       | June 18 2023 |
| <b>Long Jump</b>    | 6.62        | 0.3 | Krysha Bayley (84)        | Legacy Athletics       | Edmonton, AB      | Aug 6 2001   |
| <b>Triple Jump</b>  | 13.12       |     | Nancy Lanovaz (63)        | Rocky Mountain Royals  | Ottawa, ON        | June 11 1993 |
| <b>Discus</b>       | 59.31       |     | Rachel Andres (87)        | Caltaf                 | Ramona, OK        | Apr 6 2024   |
| <b>Hammer</b>       | 72.16       |     | Heather Stacey (88)       | Chinook Track          | Tempe, AZ         | Apr 6 2012   |
| <b>Javelin</b>      | 64.83       |     | Elizabeth Gleadle (88)    | Chinook Track          | Kawasaki, Japan   | May 10 2015  |
| <b>Shot Put</b>     | 17.01       |     | Georgette Reed (67)       | Calgary Spartans       | Sydney, Australia | Feb 11 1996  |

|  |          |   |                      |                   |              |
|--|----------|---|----------------------|-------------------|--------------|
| <b>Heptathlon</b>                                  | 6314     | Jessica Zelinka (81)<br>(13.32 (-0.1) - 1.76 - 14.32 - 24.22 (-2.1) - 6.19 (0.1) - 41.52 - 2'12.48) | UC Athletics Club    | Gotzis, Austria   | May 27 2006  |
| <b>4x100m</b>                                      | 45.62    | Maxine Scringler (68)<br>Esmie Lawrence (61)<br>Cathy Chrusch (60)<br>Gail Harris (66)              | Calgary Spartans     | Phoenix, AZ       | Apr 5 1986   |
| <b>4x100m - Club</b>                               | 45.62    | Maxine Scringler (68)<br>Esmie Lawrence (61)<br>Cathy Chrusch (60)<br>Gail Harris (66)              | Calgary Spartans     | Phoenix, AZ       | Apr 5 1986   |
| <b>4x200m</b>                                      | 1'47.19  |   | UC Athletics Club    | Calgary, AB       | July 4 2012  |
| <b>4x200m - Club</b>                               | 1'47.19  |   | UC Athletics Club    | Calgary, AB       | July 4 2012  |
| <b>4x400m</b>                                      | 3'37.26  | Maxine Scringler (68)<br>Esmie Lawrence (61)<br>Gail Harris (66)<br>Cathy Chrusch (60)              | Calgary Spartans     | Phoenix, AZ       | Apr 5 1986   |
| <b>4x400m - Club</b>                               | 3'37.26  | Maxine Scringler (68)<br>Esmie Lawrence (61)<br>Gail Harris (66)<br>Cathy Chrusch (60)              | Calgary Spartans     | Phoenix, AZ       | Apr 5 1986   |
| <b>4x800m</b>                                      | 10'15.59 |   | Edmonton Harriers    | Sherwood Park, AB | June 13 2015 |
| <b>4x800m - Club</b>                               | 10'15.59 |   | Edmonton Harriers    | Sherwood Park, AB | June 13 2015 |
| <b>4x1500m</b>                                     | Vacant   |   |                      |                   |              |
| <b>4x1500m - Club</b>                              | Vacant   |   |                      |                   |              |
| <b>Medley<br/>400m x 200m x 200m x 800m</b>        | 4'05.40  | Candace Wonago (01)<br>Allie Ruptash (02)<br>Julia Lovsin (01)<br>Olivia Cooper (01)                | Team Alberta Midgets | Ste Therese, QC   | Aug 6 2016   |
| <b>Medley - Club<br/>400m x 200m x 200m x 800m</b> | Vacant   |   |                      |                   |              |