



BELL TRACK & FIELD TRIALS
Podium Results for Alberta

U20

Gold:

Keon Rude - 2 Gold

Calgary International

- Men's 100m & 110m Hurdles

Dayley Reimer - Gold

Caltaf

- Women's Javelin

Dianna Proctor - 2 Golds

Edmonton Royals

- Women's 200m & 400m

Tricia Madourie - Gold

Red Deer Titans

- Women's High Jump

Running Room Alberta Relay - Gold

- Men's 4x400m
- J. Ruest
- J. Phudjo
- J. Gillard
- R. Rattee

Jake McEachern - 3 Gold

Split City Sonics

- Men's Hammer Throw, Discus, & Shot Put

Gabby Paterson - Gold

St. Albert Mustangs

- Women's Heptathlon

Silver:

Maximus Tucker - Silver

AB Unattached

- Men's Decathlon

Calgary International Relay - Silver

- Men's 4x100m
- J. Imuokhuede
- B. Falkowsky
- E. Parnetta
- K. Rude

Junior Imuokhuede - 2 Silver
Calgary International
- Men's 100m & 200m

Ryder Rattee - Silver
Running Room Alberta
- Men's 400m

Tyson Versteeg - Silver
Running Room Alberta
- Men's 5000m

Bronze:

Matthew Barret - Bronze
AB Unattached
- Men's Javelin

Ashley Odiase - Bronze
Calgary International
- Women's 200m

Charlotte Sinke - Bronze
Calgary Spartans
- Women's 3000m

Isaiah Baker - Bronze
Calgary Spartans
- Men's Long Jump

Charlize Ostapowich - Bronze
Edmonton International
- Women's Long Jump

Chloe Turner - Bronze
U of C
- Women's 5000m

Senior

Gold:

Sage Walker - Gold
AB Unattached
- Women's 400m Hurdles

Marco Arop - Gold
Running Room Alberta
- Men's 800m

Silver:

Deryk Theodore - Silver
Edmonton International
- Men's Pole Vault

Justin Rose - Silver
Green and Gold
- Men's 400m Hurdles

Bronze:

Aaron Ahl - Bronze
Calgary Spartans
- Men's 3000m Steeple

Rachel Andres - Bronze
Caltaf
- Women's Discus

Austin Cole - Bronze
Capital City
- Men's 400m

Para

Gold:

Thomas Normandeau - Gold
AB Unattached
- Men's 400m Para ambulatory

Tianna Rissling - Gold

Caltaf

- Women's Long Jump (Para ambulatory)

Brittney Volkman - Gold

Green and Gold

- Women's 800m & 1500m (Wheelchair)

Amanda Rummery - Gold

Green and Gold

- Women's 400m (Para ambulatory)

Noah Vucsics - Gold

U of C

- Men's Long Jump (Para ambulatory)

Silver:

Alister McQueen - Silver

Caltaf

- Men's Javelin (Wheelchair)

Natalie Thirsk - Silver

Edmonton Royals

- Women's 400m (Para ambulatory)
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Bronze:

Sarah Mickey - Bronze

Caltaf Athletic

- Women's Discus (Wheelchair)

Britney Volkman - Bronze

Green and Gold

- Women's 100m (Wheelchair)

Matthew Dykstra - Bronze

Green and Gold

- Men's 1500m (Wheelchair)