



## **ALBERTA ATHLETE DEVELOPMENT PROGRAM (AADP) POLICY 2023**

### **Key information:**

- Athletes must complete [the online application form](#) for AADP funding by the submission deadline (January 23, 2024 at 12:00 PM).
  - *Electronic submissions only: any other submissions will not be considered.*
- Athletes must renew their Athletics Alberta membership prior to the submission deadline.
- A performance will only be accepted if the athlete is an Athletics Canada member in good standing at the time the results achieved.
- Performances must be on Athletics Canada rankings to be eligible.
- All athletes registered with an Athletics Alberta Track and Field Club in good standing who apply for AADP funding will be considered.
- Athletics Alberta Clubs receiving funds **must be registered with Alberta's Corporate Registries as a non-profit, not for profit, or charity.** *Proof of this may be requested by Athletics Alberta.* If proof is unable to be provided, in accordance with Athletics Alberta's funding sources, Athletics Alberta reserves the right to hold funds until such proof can be obtained. Clubs in this process can be considered for receiving funds.
- Athletics Alberta will produce a list of recipients by March 29, 2024.
- Athletes receiving Sport Canada Carding (AAP from Athletics Canada) are not eligible to receive AADP funding.
- Athletes must achieve a minimum of "C" standard in their category to be eligible to receive AADP funding.
- Achieving a standard does not guarantee that an athlete will receive funding.

### **GOAL OF THE PROGRAM**

To identify and assist Alberta athletes with their future individual training and competition expenses by awarding funding based on individual accomplishments at the Provincial and National levels as well as those performances measured against Athletics Alberta standards.

### **PHILOSOPHY OF THE PROGRAM**

The philosophy of the program is to fund U20 and Open identified athletes in the province. **AADP is a stepping-stone to Sport Canada Carding.** Athletes receiving this funding will participate in identified Athletics Alberta events and must compete in outdoor provincial championships and take part in Athletics Alberta programs, such as the Canada Summer Games team.

### **AADP SCORING CRITERIA**

Athletes receive points based on performance, provincial championship placing, national championship placing, for participation on designated National Teams, and for participation on Provincial Teams such as Canada Summer Games.

### **AADP STANDARDS**

The AADP Standards are based on Canadian performances on a four-year average to reflect the strength of each event in Canada. Column 1 (26+ years "A") is based on the average of 10th place in the Open National Rankings. Column 7 (U20 "C") is based on 12th place in the u20 National Rankings. The standards are subject to adjustment to better represent the level of performance expected. ***Results from the 2020 season have been excluded, due to the lack of competition***

## **opportunities.**

### **FUNDING ALLOCATION**

- The committee will allocate funding utilizing the 3 Tiers indicated below. The dollar value of each Tier will be determined by the committee at the time of evaluation. **If athletes are tied for the last positions, ties will be broken using the World Athletics Points Tables to score performances, then placing at National Championships, and then placing at Provincial Championships.**

#### **Tier One**

- The athlete's points will be totaled, and all performances verified. Athletes will be ranked accordingly. Only those athletes achieving an Open "A" (Column 1) standard will be considered for tier one funding. The Technical Manager and the Programs ad-hoc committee will determine the number of cards given each year based on factors such as the number of applications, the annual funding budget, and the level of athlete performance.

#### **Tier Two**

- Points will be totaled, and athletes will be ranked according to these totals. Athletes must achieve a minimum of "C" standard in their category. The Technical Manager and the Programs ad-hoc committee will determine the number of cards given each year based on factors such as the number of applications, the annual funding budget, and the level of athlete performance.

#### **Tier Three**

- Points will be totaled, and athletes will be ranked according to these totals. Athletics must have a minimum of a "C" standard in their category. The Technical Manager and the Programs ad-hoc committee will determine the number of cards given each year based on factors such as the number of applications, the annual funding budget, and the level of athlete performance.

#### **Para Athlete Cards**

- Athletes will be ranked based on their performance as a percentage of the 3<sup>rd</sup> ranked performance on the world top lists in Olympic or World Championship events. Up to 4 cards may be funded at the Tier 1 or Tier 2 level. Athletes must minimally be classified at the national level at the time of the performance and selection to AADP.

### **FUNDING GUIDELINES**

- i. All athletes receiving AADP must compete at Alberta Outdoor Provincial Championships. A secondary event can fulfill this requirement.
- ii. For events not contested at the Alberta Outdoor Provincial Championships, results at the National Championships may be considered for points instead. Athletes in these situations must participate in another event at Alberta Outdoor Provincial Championships
- iii. Funding tiers will be selected relative to each athlete's individual context. Proximity to Sport Canada Carding may be considered.
- iv. Athletes must submit their electronic AADP application form to the Athletics Alberta by the submission deadline.
- v. Athletes must be Canadian citizens or have landed immigrant status and be pursuing their citizenship prior to **November 30<sup>th</sup>** of the funding year, documentation may be requested. **Athletes who fail to do so risk being removed from the AADP list.**
- vi. Athletes competing internationally for a country other than Canada are deemed ineligible.
- vii. Athletes must be a resident of Alberta by January 1 of the funding year.
- viii. At the time of performance athletes must be a member of an Athletics Alberta Track and Field Club in good standing to be eligible for AADP.
- ix. Athletes must ensure that their results are listed on the Athletics Canada Rankings.
- x. Athletes must remain a member of an Athletics Alberta club in the year in which funds are to be distributed.
- xi. **Athletics Alberta Clubs** must be a registered society within Alberta and have their own AADP policy in place to ensure distribution of funds are in accordance with Athletics Alberta's funding sources. Athletics Alberta reserves the right to hold funds until such policy is in place.
- xii. Athletes must reside in the Province of Alberta to be eligible for AADP funding unless they are attending a Canadian post-secondary educational institution or an Athletics Canada Training Centre.
- xiii. Athletes attending non-Canadian educational institutions may receive funding in accordance with their educational institutions' policies and they must compete at the Alberta Provincial Championships
  - a. Athletes should contact the compliance officer for their school if they need clarification if they are eligible to receive this funding.
- xiv. Up to four Para athletes meeting criteria may be eligible to receive Tier 1 or Tier 2 funding at the discretion of the evaluation committee. Eligible athletes must be minimally classified at the national level.
- xv. Able Bodied and Para-athletes who are currently receiving Sport Canada Carding (AAP from Athletics Canada)

- are not eligible to receive Athletics Alberta Funding.
- xvi. Able Bodied and Para-athletes returning from carding are eligible to receive Athletics Alberta Funding.

## FUNDING PROCESS

- i. Upon receiving applications, the technical manager will verify the eligibility of the athletes and the information provided, and then create the AADP list. This list will be reviewed with the Director of Programs and an ad-hoc committee.
- ii. AADP funds will be distributed after Athletics Canada confirms its annual list of AAP Carded Athletes.
- iii. AADP funds can be used to offset any of the following expenses incurred between January 1st and December 31st of the funded year:
  - a. Travel to and from training camps and competitions
  - b. Accommodations
  - c. Meals (not exceeding \$60/day)
  - d. Expendable training materials and equipment (e.g. spikes)
  - e. Training costs (e.g. facility rental)
  - f. Club membership dues
  - g. Personal expenses (e.g. specialized or additional coaching costs)
  - h. Therapy (e.g. Physiotherapy)
- iv. If an athlete does not train or compete and therefore does not expend all the AADP funding, then the club must return the unexpended portion of this funding.
- v. **If an athlete transfers clubs in mid-year;** it is the responsibility of the two clubs to negotiate any transfer of AADP funds. The original club may keep AADP funds to cover costs incurred on behalf of the athlete as per the above guidelines.
- vi. Athletics Alberta must be notified of any AADP funds to be transferred and accordingly a completed release/transfer form must be sent to the Athletics Alberta office:
  - a. Release/Transfer form
- vii. Note: funds cannot be paid out until the appeal process at the Sport Canada Carding level (in athletics) has been finalized.

## APPLICATION PROCESS

- i. Athletes must achieve a minimum of "C" standard in their category.
- ii. Athletes must submit their AADP application form to the Athletics Alberta office no later than December 31<sup>st</sup> of the current funding year, unless otherwise advised by Athletics Alberta.
- iii. AADP is based on performances in the past outdoor season. Points will be awarded in 4 categories and must be claimed **as U20 or Open but not both**. Points will be totaled, and athletes will be ranked according to these totals.
- iv. U18 athletes are only eligible for provincial participation points if they compete in the U20 age category at Outdoor Provincial Championships.
- v. Athletes competing outside the province must ensure their official results are submitted to the Athletics Canada to be included within Athletics Canada rankings. The Athletics Canada rankings list as of the calendar year will be used for funding purposes.
- vi. Performances in 100m, 200m, Sprint Hurdles, Long Jump and Triple Jump must include wind information. (Only performances with a legal wind will be accepted for the standard section)
- vii. The athlete's points will be totaled, and all performances verified. Athletes will be ranked accordingly. Only those athletes achieving an Open "A" (Column 1) standard will be considered for tier one funding.

## SPECIAL SITUATIONS

### National Team Commitment

When National Team commitments conflict with Provincial Championships, an athlete may claim up to 8 points upon approval of the Programs Committee. When National Team commitments conflict with National Championships, an athlete may claim up to 16 points upon the approval of the Programs ad-hoc committee. The Programs ad-hoc committee will use the performance from the conflicting meet compared to the missed Championships to help determine points awarded.

### Age Group Eligibility

U18 Athletes that meet AADP criteria are allowed to apply, but the committee reserves the right to reject any application due to age restrictions of the program. Eligibility may be considered under special circumstances at the time of as

determined by the selection committee.

### **Injury Card**

At the committee's discretion Athletes may be considered if:

- There are no outdoor performances.
- The injury was sustained January 1<sup>st</sup> – April 1<sup>st</sup> of the funded outdoor season.
- Athletes must present valid medical documentation of the injury/ prognosis, and rehabilitation plan from a valid medical professional.
- Athletes will not receive a higher level of funding then the previous funded year.
- Athletes will not receive more than one year of funding on an injury card.

### **Approximate Funding Amounts:**

Tier 1: ~\$2500.00

Tier 2: ~\$1200.00

Tier 3: ~\$800.00

***\*Exact funding amounts will be determined at the time of selection.***

## AADP SCORING CRITERIA

### Event

Athletes must select and indicate on the application the one event they wish to be considered for funding in the following categories.

### Standards Points

Performance standards must be achieved in events on the Athletics Alberta Outdoor Fixtures list or be sanctioned by the appropriate athletics governing body. Age groupings are as of December 31<sup>st</sup> of the year of competition.

"A" = 20 points

"B" = 15 points

"C" = 10 points

### Provincial Participation Points

The Programs ad-hoc committee will designate Provincial Championships on Athletics Alberta's Fixtures list. If an event is not contested at Provincials the athlete will be given an opportunity to earn AADP Provincial points through their performance at the Outdoor National Championship.

1<sup>st</sup> = 8 points

2<sup>nd</sup> = 6 points

3<sup>rd</sup> = 4 points

4<sup>th</sup> = 3 points

5<sup>th</sup> = 2 points

6<sup>th</sup> = 1 point

### National Participation Points

1st = 16 points

2nd = 14 points

3rd = 12 points

4th = 10 points

5th = 8 points

6th = 6 points

7th = 4 points

8th = 3 points

### National Team/Games Points

National Team points will be awarded as follows:

#### **Tier 1**

Olympic Summer Games

30 Points

World Athletics Championships

30 Points

#### **Tier 2**

Pan American Games

25 Points

Commonwealth Games

25 Points

#### **Tier 3**

Summer Universiade Games (FISU)

20 Points

World Athletics U20 Championships

20 Points

#### **Tier 4**

Francophone Games

15 Points

Pan Am U20 Championships

15 Points

World Athletics Cross Country Championships (U20 and Open)

15 Points

FISU Cross Country Championships

15 Points

Canada Summer Games

15 Points

Commonwealth Youth Games (U18)

15 Points

#### **Tier 5**

NACAC Team/Events

10 Points

WPA World Championships

10 Points

World Cup Race Walk

10 Points

Other Athletics Canada designated National Teams

10 Points

## AADP Women's Standards for 2023 Outdoor Season

1997 & earlier	A	B	C	26 yrs +			
1998 & 99		A	B	C	25 - 24 yrs		
2000 & 01			A	B	C	23 - 22 yrs	
2002 & 03				A	B	C	21 - 20 yrs
2004 & later					A	B	C 19&U
<b>Women</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
100m	11.55	11.57	11.62	11.68	11.77	11.88	12.01
200m	23.55	23.60	23.70	23.85	24.05	24.31	24.61
400m	52.89	53.07	53.43	53.98	54.70	55.60	56.69
800m	2:03.37	2:03.73	2:04.46	2:05.56	2:07.02	2:08.84	2:11.03
1500m	4:12.00	4:12.85	4:14.56	4:17.13	4:20.54	4:24.81	4:29.94
3000m	9:37.49	9:38.46	9:40.39	9:43.29	9:47.16	9:52.00	9:57.80
5000m	15:47.04	15:51.13	15:59.31	16:11.58	16:27.94	16:48.40	17:12.94
10000m	33:15.33	33:24.36	33:42.41	34:09.50	34:45.61	35:30.75	
Marathon	2:36.04	2:36.84	2:38.45	2:40.87	2:44.09	2:48.11	
10km RW				Junior	47:43.00	48:44.00	49:56.00
20km RW	1:33.34	1:33.80	1:34.73	1:36.13	1:37.99	1:40.31	
100m H (33")	13.45	13.51	13.64	13.82	14.07	14.38	14.75
400m H	59.96	60.14	60.51	61.06	61.79	62.71	63.81
3000m S/C	10:07.07	10:11.74	10:21.08	10:35.09	10:53.77	11:17.13	
2000m S/C				Junior	6:56.07	7:09.07	7:22.07
HJ	1.74	1.74	1.73	1.71	1.70	1.68	1.65
PV	3.96	3.93	3.87	3.79	3.67	3.52	3.35
LJ	6.06	6.04	5.99	5.92	5.83	5.72	5.58
TJ	12.17	12.14	12.07	11.97	11.84	11.68	11.48
SP (4 kg)	13.38	13.29	13.12	12.87	12.52	12.09	11.58
DT (1 kg)	44.69	44.33	43.61	42.54	41.10	39.31	37.16
HT (4 kg)	58.06	57.59	56.66	55.27	53.40	51.07	48.28
JT (600 g)	47.38	46.94	46.07	44.77	43.02	40.84	38.23
CE	5015	4986	4929	4843	4729	4586	4414
<b>2023,2022,2021, and 2019 National Senior Rankings Average 10th</b>					<b>2023,2022,2021, and 2019 National Junior Rankings Average 12th</b>		

### Notes:

5000m WA Points Equivalent used to create 10000m, 10km and 20km Racewalk, and Marathon Standards. 1500m WA Points Equivalent used to create 3000m S/C for Junior Men. 2000m S/C WA Points Equivalent used to create 3000m S/C for Junior Women. CE calculated by the 6th average over 4 years.

### Philosophy:

Endpoints for each event are based on National performances of senior and junior athletes and reflect the strength of the event in Canada.

### AADP SCORING CRITERIA

Athletes receive points based on performance, provincial championship placing, national championship placing, for participation on designated National Teams, and for participation in Canada Summer Games or equivalent events.

#### **AADP STANDARDS**

The AADP Standards are based on Canadian performances on a four year average to reflect the strength of each event in Canada. Column 1 (26+ years “A”) is based on the average of 10th place in the National Rankings for the past four years. Column 7 (Junior “C”) is based on 12th place in National Rankings for the past four years. The standards are subject to adjustment to better represent the level of performance expected. The rankings from the 2020 outdoor season have been excluded due to the limited competition opportunities as a result of COVID-19.

Column #1 – Average of 10th place in National Rankings for 2023, 2022, 2021, and 2019

Column #7 – Average of 12th place in National Rankings for 2023, 2022, 2021, and 2019

## AADP Men's Standards for 2023 Outdoor Season

1997 & earlier	A	B	C	26 yrs +			
1998 & 99		A	B	C	25 - 24 yrs		
2000 & 01			A	B	C	23 - 22 yrs	
2002 & 03				A	B	C	21 - 20 yrs
2004 & later					A	B	C 19&U
Men	1	2	3	4	5	6	7
100m	10.27	10.29	10.34	10.41	10.50	10.61	10.75
200m	20.86	20.90	20.99	21.12	21.29	21.50	21.76
400m	46.90	46.98	47.15	47.40	47.74	48.16	48.66
800m	1:48.62	1:48.80	1:49.17	1:49.72	1:50.45	1:51.37	1:52.47
1500m	3:41.44	3:42.00	3:43.11	3:44.79	3:47.02	3:49.80	3:53.15
5000m	13:48.39	13:52.77	14:01.54	14:14.70	14:32.23	14:54.15	15:20.46
10000m	29:01.87	29:12.55	29:33.92	30:05.96	30:48.69	31:42.10	
Marathon	2:17.32	2:18.23	2:20.06	2:22.80	2:26.46	2:31.03	
10km RW				Junior	45:57.00	47:39.00	49:43.00
20km RW	1:27.16	1:27.92	1:29.44	1:31.72	1:34.77	1:38.57	
110m H (42")	14.34	14.40	14.53	14.73	14.98	15.31	15.69
110m H (39")				Junior	14.42	14.73	15.10
400m H (36")	53.19	53.36	53.71	54.24	54.94	55.81	56.86
3000m S/C	9:04.18	9:04.65	9:05.59	9:07.00	9:08.88	9:11.24	9:14.06
HJ	2.09	2.08	2.07	2.04	2.01	1.98	1.93
PV	4.95	4.91	4.83	4.71	4.55	4.34	4.10
LJ	7.21	7.19	7.15	7.09	7.01	6.91	6.79
TJ	14.70	14.66	14.57	14.44	14.27	14.05	13.79
SP (16 lb)	15.70	15.52	15.17	14.65	13.94	13.06	12.01
SP (6 kg)				Junior	15.34	14.37	13.21
DT (2 kg)	47.24	46.81	45.94	44.65	42.92	40.76	38.17
DT (1.75 kg)				Junior	45.88	43.57	40.78
HT (16 lb)	57.72	56.90	55.26	52.80	49.53	45.43	40.51
HT (6 kg)				Junior	54.48	49.97	44.57
JT (800 g)	63.51	62.99	61.95	60.40	58.32	55.73	52.62
CE (Sen specs)	6670	6616	6509	6348	6133	5864	5542
CE (Jun specs)				Junior	6261	5987	5649
2023,2022,2021, and 2019 National Senior Rankings Average 10th					2023,2022,2021, and 2019 National Junior Rankings Average 12th		

### Notes:

5000m WA Points Equivalent used to create 10000m, 10km and 20km Racewalk, and Marathon Standards. 1500m WA Points Equivalent used to create 3000m S/C for Junior Men. 2000m S/C WA Points Equivalent used to create 3000m S/C for Junior Women. CE calculated by the 6th average over 4 years.

### Philosophy:

Endpoints for each event are based on National performances of senior and junior athletes and reflect the strength of the event in Canada.

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The AADP Standards are based on Canadian performances in the previous four years to reflect the strength of each event in Canada. Column 1 (26+ years “A”) is based on the average of 10th place in the National Rankings for the past four years. Column 7 (Junior “C”) is based on 12<sup>th</sup> place in National Rankings for the past four years. The standards are subject to adjustment to better represent the level of performance expected. The rankings from the 2020 outdoor season have been excluded due to the limited competition opportunities as a result of COVID-19.

Column #1 – Average of 10th place in National Rankings for 2023, 2022, 2021, and 2019

Column #7 – Average of 12th place in National Rankings for 2023, 2022, 2021, and 2019