



Athletics Alberta 2022 Tri Prov Team

U16 Team List

First Name	Last Name	Event(s)	Club	Coach
Gabriel	Alic	Jumps	Running Room AC	Ron Thompson
Ella	Ball	Endurance, Relay	Edmonton Harriers	David Bouferguene
Addison	Berry	Throws	Calgary Spartans	Kenneth Wright
Brock	Bishop	Throws	Unattached	James Bishop
Gabriel	Bouferguene	Endurance, Relay	Edmonton Harriers	David Bouferguene
Carmen	Chu	Jumps	Capital City	Kevin Blimke
Jillian	Delaney	Jumps	Capital City	Kevin Blimke
Karissa	DeSousa	Endurance, Relay	St. Albert Mustangs	Roger Hazelwood
Ella	Diener	Throws	St. Albert Mustangs	Ralphe Troschke
Kate	Fink	Hurdles	Split City Sonics	Karl Meissner
Ephrem	Fischer	Combined Events, Relay	CALTAF	Kim Cousins
Sarah	Friesen	Jumps	St. Albert Mustangs	Amy Millar
Monica Antoinette	Galouon-Eta	Sprints, Relay	Edmonton Olympic	Antoine Bussombo
Laine	Gauthier	Endurance, Relay	Medicine Hat Bulldogs	Sean Freeman
Ladanian	Henclewood	Sprints, Relay	Edmonton Royals	Dwayne Van Straten
Andrea	Jacob	Throws	Leduc	Darren Dellezay
Ilya	Keeper	Jumps	Red Deer Titans	Max Legault
Brady	Keller	Endurance, Relay	Leduc	John Bole
Harrison	Kellock	Sprints, Relay	House of Speed	Natasha Quan-Vie
Silas	Kerbes	Jumps	St. Albert Mustangs	Amy Millar
Evan	Kingsmith	Endurance, Relay	Calgary Spartans	Deon Flynn
Sydney	Kube	Throws	St. Albert Mustangs	Ralphe Troschke
Gabrille	Kube	Throws	St. Albert Mustangs	Ralphe Troschke
Gerrit	Kuipers	Combined Events, Relay	CALTAF	Sam Read
Matthew	Lacasse	Throws	Edmonton Columbians	Dallas Kendrick
Taylor	Law	Hurdles	CALTAF	Sam Read
Ciara	Marquadt	Endurance, Relay	Calgary Spartans	Deon Flynn
Kailey	McInnes	Throws	Lakeland Yellow Jackets	Larry Godziuk
Gabby	Paterson	Combined Events, Relay	Unattached	Joanna Cooper
Jack	Rakochoy	Jumps	CALTAF	Sam Read
Benjamin	Ragan	Hurdles	Red Deer Titans	Max Legault
Tatiana	Reyes	Sprints, Relay	House of Speed	Natasha Quan-Vie
Breanna	Schultz	Throws	CALTAF	Sam Read
Justin	Schultz	Throws	St. Albert Mustangs	Ralphe Troschke
Nicolas	Serezlis Bracovi	Sprints, Relay	Calgary International	John Cannon
Pierson	Shaver	Jumps	Edmonton Columbians	Dallas Kendrick
Sadie	Snyder	Hurdles	CALTAF	Sam Read
Raino	Sollitt	Endurance, Relay	Cochrane Endurance Project	Travis Cummings
Erik	Solomon	Jumps, Throws	Calgary Spartans	Llew Edwards
Alex	Watson	Endurance, Relay	St. Albert Mustangs	Roger Hazelwood
Mack	Weber	Endurance, Relay	CALTAF	Sam Read
Paige	Zinger	Jumps	Red Deer Titans	Max Legault

U18 Team List

First Name	Last Name	Event(s)	Club	Coach
Bolu	Ariyo	Jumps	Edmonton Columbians	N/A
Claire	Armstrong	Throws	Calgary Spartans	Liam Banks
Heather	Armstrong	Throws	Calgary Spartans	Liam Banks
Isaiah	Baker	Jumps	Calgary Spartans	Llew Edwards
Connor	Bath	Hurdles, Relay	Capital City	Kevin Blimke
Darren	Beaver	Sprints, Relay	Edmonton Columbians	David Lee Pong
Mick	Besko	Combined Events	Edmonton Thunder	Garbielle Dyck
Amelia	Cha	Jumps	CALTAF	Kim Cousins
Carl	Chu	Sprints	Capital City	Kevin Blimke
Jade	Cullen	Throws	Red Deer Titans	Max Legault
Kai	Deausy	Endurance, Relay	CALTAF	Sam Read
Jamie	Debruijn	Combined Events	Red Deer Titans	Max Legault
Megan	Deere	Jumps	University of Calgary AC	James Holder
Lauren	Dellezay	Jumps	Leduc	Darren Dellezay
Cole	Doud	Throws	Split City Sonics	Karl Meissner
Kamryn	Dovichak	Hurdles	Calgary International	John Cannon
Meadow	Drebert	Endurance, Relay	Leduc	John Bole
Alexandra	Eremenko	Hurdles	Calgary Warriors	Jan Lips
Christian	Francis	Throws	St. Albert Mustangs	Joanna Cooper
Sydney	Glover	Jumps	CALTAF	Kim Cousins
Ava Rose	Graham	Jumps	Edmonton Columbians	Dallas Kendrick
Kiera	Greidanus	Endurance, Relay	Go Athletics	Peter Wright
Jett	Hasiuk	Endurance, Relay	CALTAF	Jason Lindsay
Jason	Heming	Throws	Edmonton Thunder	Ralph Troschke
Junior	Imoukhuede	Sprints, Relay	Calgary International	John Cannon
Caden	Jones	Endurance, Relay	Cochrane Endurance Project	Travis Cummings

Kendra	Justice	Throws	Capital City	Ciera Wolf
Ibrahim	Khalid	Endurance, Relay	UCAC	Steve Adams
Kaden	Kingsmith	Endurance, Relay	Calgary Spartans	Deon Flynn
Addison	Lauer	Jumps	Red Deer Titans	Max Legault
Jake	McEcheran	Throws	Split City Sonics	Karl Meissner
Rachel	Matulis	Combined Events	CALTAF	Juerg Meister
Kaycee	McKenzie	Combined Events	Red Deer Titans	Max Legault
Christopher	McLarty	Throws	CALTAF	Jason Lindsay
Faziki	Musanganya	Jumps	Unattached	Antoine Bussombo
Joshua	Nwosu	Hurdles	Edmonton Columbians	Dallas Kendrick
Ashley	Odiase	Sprints, Relay	Calgary International	John Cannon
Tise	Okuboyejo	Sprints, Relay	Calgary Warriors	Esther Sieben, Jan Lips
Charlize	Ostapowich	Jumps	Edmonton International	Mark Cocks
Thane	Parker	Throws	CALTAF	Kim Cousins
Katelynne	Pasutto	Hurdles	Red Deer Titans	Max Legault
Dianna	Proctor	Sprints, Relay	Edmonton Royals	Dwayne Van Straten
Dayley	Reimer	Throws	CALTAF	Rachel Andres
Keon	Rude	Sprints, Hurdles, Relay	Calgary International	John Cannon
Mandeep	Sangha	Endurance, Relay	Calgary Warriors	Mario Festival
Sorcha	Shiu	Sprints, Hurdles, Steeple, Relay	Calgary Warriors	Esther Sieben, Jan Lips
Charlotte	Sinke	Endurance, Relay	Calgary Spartans	Deon Flynn
Jordyn	Skarsen	Jumps	Lakeland Yellow Jackets	Larry Godziuk
Zachary	Valentine	Endurance, Relay	Edmonton Harriers	Phil Booth
Ridley	Verbeek	Jumps	Edmonton Thunder	Garbielle Dyck
Carson	Young	Endurance, Relay	Edmonton Harriers	David Bouferguene

Team Staff

First Name	Last Name	Role(s)	Club
Kim	Cousins	Team Lead	CALTAF
Deon	Flynn	Head Coach U16 and U18, Endurance	Calgary Spartans
Antoine	Bussombo	Sprints, Hurdles, Relays	Edmonton Olympic
Lyndsey	Clapperton	Jumps	Calgary International
Joanna	Cooper	Sprints, Hurdles, Relays	St. Albert Mustangs
Max	Legault	Throws	Red Deer Titans
Esther	Sieben	Jumps and Combined Events	Calgary Warriors
Paul	Sze	Throws	CALTAF
Ralph	Troschke	Team Manager	St. Albert Mustangs

*Confirmed Team List