

# U of A Butterdome Start Lines & Notes

**50m, 60m, 150m, 200m & 300m** (including hurdle events)

Solid **white** lines as shown on the track diagram

**100m** White/**black**/white lines at end of back straight.

**400m & 600m** White/**blue**/white start lines with a two turn cut-in.

**800m** White/**green**/white start lines with a one turn cut-in. With the agreement of all parties, this event may start without lanes using a waterfall start line. In addition, for larger fields, the athletes may be separated into two groups with 65% of the field using the regular arced start line and 35% using a second arced start line on the outer portion of the track. 800m run in this fashion would be a one turn cut-in.

**1,000m to 3,000m** A group start using the waterfall white start lines in the positions indicated on the track diagram.

Note that both waterfall start lines on this track have second, arced start lines marked in the outer lanes.

**4 x 200m Relay** White/**red**/white start line, with a three turn cut-in. The 1<sup>st</sup> exchange is in lanes, the 2<sup>nd</sup> & 3<sup>rd</sup> exchanges are not done in lanes. 3<sup>rd</sup> and 4<sup>th</sup> runners place themselves in the order of their team's position at the 100m corner and that **order must not** be changed. Athletes may however move inside to vacant lanes as long as the order is not changed. The first, in lanes exchange zone is marked by **red** hooks. The second and third, not in lanes, exchange zone is marked with **blue** lines.

**4 x 400m Relay** White/**blue**/white start line with a two turn cut-in.

**4 x 800m Relay** White/**green**/white with a one turn cut-in.

**4 x 100m Relay** Use white/**blue**/white start line with a two turn cut-in. The 1<sup>st</sup> exchange is in lanes at the end of the back straight, 2<sup>nd</sup> & 3<sup>rd</sup> exchanges, not in lanes. In lanes and not in lanes exchange zones on the back straight are marked with **yellow** hooks and/or lines.

Break/cut-in lines at the Butterdome, at the beginning of the back and finish straight, are **green**.

**Lane 7**, on the back straight of the track, is also used as a long jump runway. Ensure that there is no scheduling conflict with lane races that are contested at the same time.