

26TH EDITION

MAY 8, MAY 29 AND JUNE 5

Gord's Running Store Athletics Series 2022

An Alberta Fixture Since 1996

Meet Director - Paula McKenzie - paula@caltaf.com Meet Manager - Jason Lindsay - jwlindsa@me.com Field & Equipment Manager - Dale Schoenthaler Results Managers - Ed Moore, Doug Ratzlaff, Scott Ratzlaff **Announcing - Stuart York** Sanctioned by Athletics Alberta

Meet 1: May 8 - 12:00 - 16:00

Open Events Sprint Hurdles, 100m, 800m, 200m, 2000m S/C Long Jump, Shot Put, Javelin

U16 Events Sprint Hurdles, 100m, 800m, 200m, 1500m S/C High Jump (includes masters), Shot Put, Javelin

Meet 2: May 29 - 12:00 - 16:00

Open Events 400mH, 100m Heats, 1500m, 100m Final, 400m, 150m High Jump, Triple Jump, Shot Put, Hammer, Pole Vault

U16 Events 200mH, 100m, 1200m, 300m, 150m Long Jump, Shot Put

Meet 3: June 5 - 12:00 - 16:00

Open Events 400mH, 800m, Sprint Hurdles, 100m, 400m, 200m, 1500 SC Triple Jump, High Jump, Pole Vault

U16 Events

Sprint Hurdles, 300m, 1500SC (with water), 100m, 800m Long Jump, Shot Put, Discus





Entry Fee per Event: \$25.

No Late Entries.



Registration through trackie.ca deadlines: Noon on May 3, May 24, May 31

Accepted Entries will be confirmed and posted on the track council website by 9:00 pm on May 7, May 28 and June 4

Final Schedule and Heat

Gord's Running Store

New Balance Canada

Calgary Track Council

U16 Grand Prix:

- The U16 Grand Prix is back! Every U16 event competed in is scored and tallied for the season.
 - Points are awarded for top 8 places in each open event as follows:
 - 1st = 10pts, 2nd= 8pts, 3rd= 6pts, 4th= 5pts, 5th= 4pt, 6th= 3pts, 7th= 2pts, 8th= 1pt

Gord's Running Store Athletics Series Grand Prix:

Male and Female:

1st \$500, 2nd \$250, 3rd \$150, 4th \$100, 5th \$50

Athletes will be awarded points for overall event placing (not performance). Scoring is as follows:

• Only your top 4 placings (open events only) count towards the point standings. You don't need to compete in all of the meets to be eligible for the prize money.

• Points are awarded for top 8 places in each open event as follows:

1st = 10pts, 2nd= 8pts, 3rd= 6pts, 4th= 5pts, 5th= 4pt, 6th= 3pts, 7th= 2pts, 8th= 1pt

- Ties will be broken based on the highest score (IAAF points tables) during the Gord's Finale.
- You must be present at the **Gord's Finale** to win grand prix prize money!
- Top male or female performances based on IAAF tables will receive a \$200 direct deposit in each of the following event areas for each meet:
 - Track
 - Field
- Overall performance of the meet will receive an additional \$200 bonus.
- All cash prizes will be delivered electronically through direct deposit.

Gord's Running Store Athletics Series 2022

GENERAL NOTES

- As most people may not have competed by the commencement of the Series, we encourage people to use their best estimates for meet 1. Meet 2 and 3 will require accurate seed performances that are confirmed in the rankings.
- U16's are not permitted to enter open field events.
- We will be using the NCAA altitude conversions for the distance times conversion.
- We will make every effort to to switch directions to get a positive wind for the sprints. Decision will be made 1 hour before by the meet management.
- Three jump maximum for horizontal jumps and throws, unless there is time permitting. If time permits, the top 4 male and female jumpers and throwers will be awarded an additional 3 attempts.
- \$50 cash prizes will be awarded for breaking existing open records under legal conditions (new events will not be considered). Additional \$50 for breaking a senior provincial record!
- All prize money will be e-transferred to the individual athletes.
- Check-in Procedure: All track athletes must check-in at the starting line. There will be no additions made at the start line. No exceptions!
- · Field events competitors must check in at the event.
- U18 / U20 / masters athletes may be accommodated for hurdle and barrier heights and for throwing implements. These
 events will not be scored.



Gord's Running Store Athletics Series Meet Records

as of May 2022

Records are Open Events Only (under legal conditions)

100m.10.20Jerome Blake2019100m.11.54Kaltourna Nadjina 2009150m.15.34Jerome Blake2019150m.17.68Loudia Laarman2017200m.20.82Brian Barnett2009200m.23.38Kaltourna Nadjina 2005400m.46.02Austin Cole2019400m.51.65Kaltourna Nadjina 2001110mH.14.30Kayden Johnson2018100mH.13.41Jessica Zelinka2015400mH.51.71Trent Ratzlaff2007400mH.59.96Sage Watson2011600m.1.49.09Marco Arop2017800m.207.52Malindi Elmore20041000m.2.31.59Alex James20141000m.3.02.60Claire Summer20141500m.3.47.33Eric Lutz20211500m.4:27.75Jessica O'Connell2017Mile4:09.37Scott Nicol2012Mile4:58.16Sarah MacArtur20172000m.5:42.01Gareth Hadfield20172000 SC6:36.91M.Bemard20172000sC5:52.19Gareth Hadfield20172000 SC6:36.91M.Bemard20172000 SC5:52.19Gareth Hadfield20171.00 SC4:49.03Maria Bernard20172000 SC5:52.19Gareth Hadfield20171.01 M.Mowa Adelleez2018LJ7.20m.Scott Kimmins1997TJ1.1.83m.Rachel Machin2012<	Men's Records					Women's Records			
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		DT	51.82m.	Kris Watson	1997	HT	67.02m.	Heather Steacy	2015
HT 71.03m. James Steacy 2014		JT	74.51m.	Kyle Nielson	2014				
		HT	71.03m.	James Steacy	2014				