

# Indoor Lap Scoring Sheet



Event: \_\_\_\_\_ Age Class: \_\_\_\_\_ Men:  Women:

Heat: \_\_\_\_\_ Semi: \_\_\_\_\_ Final: \_\_\_\_\_

1 000m	1 500m	2 000m	3 000m	#	#	#	#
Laps to go	Laps to go	Laps to go	Laps to go				
4	7	9	14				
3	6	8	13				
2	5	7	12				
1	4	6	11				
0	3	5	10				
	2	4	9				
	1	3	8				
	0	2	7				
		1	6				
		0	5				
			4				
			3				
			2				
			1				
			0				

Date: \_\_\_\_\_

Umpire: \_\_\_\_\_

Chief Judge's Signature: \_\_\_\_\_