

RUN THE RIVER

SEPT 26 2021

5K + 10K + HALF MARATHON

RIVER VALLEY ROAD / HAWRELAK PARK

Half marathon start: 9:00
5&10km start: 9:15
Legendary junior event:
9:00 – 10:30

Race package pick up: is on Saturday, September 25th from 10:30 – 1:00 at the Running Room (8537 109 Street). You must sign up for a package pick up window of time. Sign up is [through this link](#). If weather permits we will be set up outside but please be sure to bring your mask for entry to the store. There is no race package pick up required for kids doing the free junior event. They will get their goodies on Sunday morning.

Race bibs: you will receive your race bib at package pick up along with your t-shirt. The race is chip timed and the chips are on the back of the bibs. Please do not bend the bib chips. Also be sure to wear your bib on the outside of your clothing on race day so they're easily visible by course marshals and timing crew.

Race day parking and washrooms: The race start is at Queen Elizabeth Park but down by the river and the Walterdale pedestrian bridge. You can park at Kinsmen Centre and walk across the road to the start area (or follow the path under the bridge). Washrooms are available inside Kinsmen Centre. Please remember your masks if you will be going inside Kinsmen.

Race route: All distances cross the Walterdale pedestrian bridge and head west on the pathway along the north side of the river. The 5km is a straight out and back one time. 10km runners will do two laps on the north side turning at the 10km turn around. The half marathon runners do three laps turning at their point by Government House park. Please see the pdf maps on our website or follow these links for an interactive view. You can also zoom in to any point on the map through the link including the start area.
5km: <https://www.plotaroute.com/route/1662899>
10km: <https://www.plotaroute.com/route/1693218>
21.1km: <https://www.plotaroute.com/route/1693228>
There will be course marshals at all three turn around points. The route is a straight forward out and back course and stays on the river pathway the entire time.

Legendary junior event: The kids can participate in our Mini Legends and R-series stations anytime between 9:00 and 10:30. They will be given a special prize when they complete all stations. Please go to the check in station upon arrival for further instructions.