

RUN THE RIVER

SEPT 26 2021

5K + 10K + HALF MARATHON

RIVER VALLEY ROAD / HAWRELAK PARK

Is the route on the road or the pathway? For this version we will be running on the pathway that parallels River Valley Road. Hawrelak Park is soon to undergo renovation so all distances will do loops on the pathway. The start and finish is in Queen Elizabeth Park. You will run over the Walterdale pedestrian bridge to get to the north side of the river. On the north side the 5km will do one lap, the 10km two laps and the half marathon three laps. Please see the maps on our website.

Will there be aid stations? We are planning on one aid station on the north side of the river. 10km and half marathon runners will pass the station more than once. We will have "grab and go" water only at the stations to reduce touch points. You will be able to take a small bottle of water and either carry it with you or use it to refill your own bottle. Please carry any extra hydration or nutrition that you may need with you.

T-Shirts

When is race package pick up? Package pick up will be on Saturday, September 25. The time frame and location are still being finalized. Please check back for updated information.

Will there be Covid protocols in place? Edmonton currently has a mask mandate in place for indoor public spaces. You will be required to wear your mask for package pick up. At the moment, there are no restrictions on events or gathering numbers in Alberta. If that changes, we can quickly adapt and utilize protocols that we already have in place. We will have sanitizer available at start/finish and aid station.

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Medals