



**CALTA welcomes you to Foothills Track**

**U10, U12 & U14**

**2019 Cheetah Invitational – Provincial Championships South Zone Qualifier**

**June 22, 2019 - 12:00 – 4:30 p.m.**

**June 23, 2019 – 10:00 – 3:00 p.m.**

**Sanctioned by Athletics Alberta**

**DIVISIONS**

<b>U10 – BORN 2010-2011</b>
<b>U12 – BORN 2008-2009</b>
<b>U14 - BORN 2006-2007</b>

Venue: Foothills Track - 2431 Crowchild Trail N.W.

Meet Director: Samantha Read [cheetahinvitational@gmail.com](mailto:cheetahinvitational@gmail.com) (403) 690-4212

Assistant Meet Director: Paula McKenzie [paula@caltaf.com](mailto:paula@caltaf.com)

General Inquires: [caltafcheetahs@gmail.com](mailto:caltafcheetahs@gmail.com) or [paula@caltaf.com](mailto:paula@caltaf.com)

Meet Information: [www.caltaf.com](http://www.caltaf.com)

## FEES & DEADLINES

Athletes must be registered with Athletics Alberta

<https://athleticsalberta.com/aa-membership/#1503691636262-737ebef3-ca72>

**Entry Deadline: Monday, June 10<sup>th</sup> at 11:59 p.m.**

**Entry Fee:** \$ 35 per Day

**Late Entry and Scratch Deadline: Friday, June 14<sup>th</sup> at 9:00 p.m.**

Late entries will be accepted at the Meet Director's discretion with an additional fee of \$10.

Entry Procedure:

## QUALIFICATION PROCESS

The Top 8 athletes per gender and age division from the South Zone Qualifier are eligible to compete for a spot in the Top 10 of the Province.

Athletes at the Zone Qualifier **who are not a Top 8 Qualifier** will need to declare their eligibility (availability) to fill one of the Top 8 spots if an athlete who qualified is not able to attend the U10,, U12, U14 Provincial Championships on June 29 & 30<sup>th</sup> at Foote Field in Edmonton.

Top 8 Zone selections will be based on:

1. Combined Event Score using the Alberta Youth Scoring Tables
2. Athletes must compete on **Both Days**
3. Athletes must compete in **ALL events**

## GENERAL INFORMATION

TRACK EVENT Marshalling takes place at the start line of each race. Athletes must report to the start line 15 min before the event begins

FIELD EVENT Marshalling takes place at the event, 30 min prior to the start of the event

Competitions numbers must be worn on the front for all events

Hip numbers must be worn on the right hip and shirts must be tucked in

All Track races are timed finals

No starting blocks will be used

Throwing implements will be provided

Spikes must not be longer than 7mm in length and only Christmas tree or pyramid type spikes are permitted.

Scratches during the competition are to be submitted at the Finish Line Shed

Spectators are to be in the bleachers and outside of the track. The infield is only open to competitors.

Results will be posted at: <http://www.calgarytrackcouncil.com/meets.asp> and [www.ellistiming.ca](http://www.ellistiming.ca)

### EVENTS

DIVISION	SATURDAY	SUNDAY
U10	60m, Long Jump, 600m	80m, Ball Throw, 400m
U12	100m, Long Jump, 800m	200m, Shot Put, 600m
U14	100m, Long Jump, Discus, 1000m	200m, High Jump, Shot Put, 800m

All Categories: 4x100m Relay and Sprint Medley

### SPECIFICATIONS

U10	U12	U14	EVENT
Y	--	--	Ball Throw
--	--	750g	Discus
--	2kg	2kg	Shot Put

### MODIFICATIONS

Long Jump – U10, U12 - No Board, 1m Takeoff area. Distance will be measured from takeoff.

Throws and Long Jump – Athletes will receive 3 attempts

High Jump – Starting height of .70cm, increments of 10cm until a height of 1.10m and then increments of 5cm. athletes will be eliminated after 3 misses