

2018 Indoor Competitions by University of Alberta

University of Alberta - Universiade Pavilion 87 Ave & 114 st. Edmonton, AB

Full Mondo Surface 7 Lane, 200m oval, 60m 9 lane straight with 40m shut down + concrete & movable wooden circle

Expected Timelines: Week of competition

Tuesday @ noon - Entry & scratch deadline via trackie only

Wednesday @ noon - Final Schedule

Thursday @ noon - Heat Sheets posted (Sunday sections seeded and posted Saturday)

Friday @ 2:30PM - Access to track open Friday @ 4:00PM - Competition begins

No athletes on track level before 2:30PM on Friday

Primary Purpose & Intent of Competition:

The primary objective of the Golden Bear Open (GBO) & Pandas Open (PO) is to provide a high-quality competition for USports athletes. All decisions about scheduling and seeding are made with that interest in mind.

Both the GBO & PO are open to the public to enter, and provide enhanced competitive opportunities for interested athletes. If entry lists become too large to maintain a desirable schedule for top USports athletes, then slower seeded club athletes will be moved to remaining sections not during peak USports time.

All varsity events are governed by Canada West Playing Regulations

All Bantam/Midget/Youth/Junior events are governed by IAAF rules

Dates & Registration Links:

Golden Bear Open: January 20-22, 2018 46th Annual

www.Trackiereg.com/GBO_2018



Pandas Open: February 9-11, 2018 3rd Annual

www.Trackiereg.com/PBO_2018



Schedule notes:

Tentative schedules are posted at the above link as well as at www.ualberta.ca/athletics/teams/track-and-field/home-meets

Schedule differences between GBO & PO:

- At the GBO, whenever possible men compete before women. At Pandas Open women compete before men.
- GBO has Open/Varsity 1000m on Saturday, while Pandas Open has 1000m on Friday
- 300m is timed final at GBO, while Pandas Open is Heats/Finals in the Open/Varsity category

Event & Time Emphasis

Friday Night + Saturday Afternoon = Top USports & Top Senior Events only

Saturday AM, PM + Sunday Sections = Remaining senior events and all other events offered

Preferred Lanes & order of events:

Timed finals run FAST to SLOW

Oval preferred = 6/7/5/4/3/2/1

Entry Fees:

1st event - \$25; 2nd event - \$15; 3rd event - \$10 Relays - \$20

- Scratches / edit of entries made online www.trackie.com/online-registration
- Late entries will not be accepted

ALL REGISTRATIONS AND PAYMENTS MADE ONLINE VIA TRACKIE

300m / 4x200 Lane Draws:

Timed Final Structure / Golden Bear Open

Top (fastest athletes) seeded in Lanes 6, 7 & 5 respectively according to seedtime. Remaining (slower athletes) seeded in lanes 4, 3. Example: Seed #4 would be Heat 2, Lane 6

Heats/Finals Structure / Pandas Open

Heats are arranged according to seedtime in Lane 6, 7, 5, 4, 3 (ie not random draw) Finals are a two section final of 4 athletes seeded in lanes 6, 7, 5, 4 according to heats performance

Call Room / Check In / Numbers

- USports Track Events:
 - o <u>By 1 prior to event</u>: Athletes are required to check in & confirm their intention to compete 1 hour prior to the event;
 - By 15min prior to event: Athletes are required to come back by 15 min prior to event to pick up their hip number;
- USports Field Events:
 - o Check in on site

Numbers worn on back for races that finish in set lanes. Numbers worn on front for races that do not finish in set lanes. Hip numbers on right hip

Age Class Offered:

	Bantam	Midget	Youth	Junior	Senior	Masters
GBO : Jan 19-21	Hurdles only	Yes	Yes	Yes	Yes	Yes
PO: Feb 9- 11	Hurdles only	Yes	Yes	Yes	Yes	Yes

Results

www.ellistiming.ca

Event Offerings

Lvent Offernigs			Junior	Youth		
2018 Indoor	Masters	Open/Varsity	(U20)	(U18)	Midget	Bantam
			/ Hurdles			
60m Hurdles		✓	√	V	√	✓
60m	√	✓	✓	V	✓	
200m	✓	✓	√	✓	✓	
200m Wheel						
Chair		✓				
300m		✓	✓	V	V	
			elays			
4x200m	√	✓	✓	V	✓	
4x400m		✓				
4x800m		✓				
		Mid D	/ Long D			
600m	✓	✓	√	√	√	
1000m		✓	√	✓	V	
1200m					✓	
1500m		✓	✓	V		
2000m					✓	
3000m	✓	✓	✓	√		
		Ju	ımps			
Long Jump	√	√	✓	V	✓	
Triple Jump	✓	✓	√	V	V	
Pole Vault	√	√	√	V	✓	
High Jump		✓	√	✓	\	
		Throws /	Multi Events			
Weight Throw	✓	✓	√	√	V	
Shot Put	✓	✓	√	√	√	
Pent - W / Hep -						
M		✓				

Accommodations

Coast Edmonton Plaza Hotel: 10155 105 St NW Edmonton, AB T5J 1E2 coasthotels.com (780) 423-4811

Contact Info / Role

Meet Director

Wes Moerman (head coach) wes.moerman@ualberta.ca 780.492.5097

Competition Director (schedule, entries, seeding) Rob Fisher (asst coach) huma004@shaw.ca 780.975.2847 Timing/Results (results & live results) Vernon Schmid vernon@ellistiming.ca

					TENTATIVE SC	HEDULE					
7	TENTATIVI	E FRIDAY JANUARY 19, 201	8 VARSITY WII	NDOW		TATIVE FRIDAY JAN	UARY 19, 2018 Ur	niversity of Albe	rta VARSITY	WINDOW	
Time	Event	Age Category	Gender	Heat/Final	Horizontal Jumps - Centre Pit	Horizontal Jumps - Wall Pit	Pole Vault	High Jump Centre Pit	High Jump West Pit	Throws Cage	Throws Wooden
4:00PM	60mH	Open/Varsity	Women - Pent		Open Men - LJ		Open Women Flight 1			Open Men Shot Put	
4:05PM	60mH	Open/Varsity	Women	Heats							
4:12PM	60m	Open/Varsity	Men - Hep								
4:15PM	60m	Open/Varsity	Men	Heats							
4:30PM			1,					Pent Women			
4:40PM	60m	Open/Varsity	Women	Heats		Hep Men					
5:00PM	3000m	Open/Varsity	Men	Timed Final							Hep Men
5:30PM	3000m	Open/Varsity	Women	Timed Final							Pent Womer
6:00PM	60mH	Open/Varsity	Women	Final	Open Women		Open Women Flight 2			Open Women Shot Put	
6:10PM	4x800m	Open/Varsity	Men	Timed Final							
6:25PM		Open/Varsity	Women	Timed Final				Hep Men			
6:45PM	4x200m	Open/Varsity	Men	Timed Final							
6:50PM	4x200m	Open/Varsity	Women	Timed Final							
	TENTA	TIVE MIDGET/U18/U20/Ma	asters WINDOW			TENTAT	IVE MIDGET/U18/	U20/Masters W	INDOW		
7:45PM	2000m	Midget	Men	Timed Final		Pent Women					
7:55PM	2000m	Midget	Women	Timed Final							
8:05PM	800m	Open/Varsity	Women - Pent								
8:10PM	3000m	U18/U20/Master	Men	Timed Final							
8:30PM	3000m	U18/U20/Master	Women	Timed Final							

					TENTATIVE SC	HEDULE					
TENTATI	VE Saturd	lay JANUARY 20, 2018	MIDGET/U18/Mas	sters WINDOW	TI	ENTATIVE Saturday	JANUARY 20, 201	8 MIDGET/U1	8/Masters W	/INDOW	
					Horizontal Jumps	Horizontal Jumps		High Jump	High Jump	Throws	Throws
Time	Event	Age Category	Gender	Heat/Final	- Centre Pit	- Wall Pit	Pole Vault	Centre Pit	West Pit	Cage	Wooden
					U18/U20/Masters	U18/U20/Masters			Midget	Open Men	
10:00AM	60mH	Bantam/Midget	Men	Heats	Men - LJ	Women - LJ		Midget Men	Women	WT	
10:00AM	60mH	Bantam/Midget	Women	Heats							
	60mH	U18/U20	Men	Heats							
	60mH	U18/U20	Women	Heats							
10:30AM	60m	Midget/U18/U20	Men	Heats							
	60m	Midget/U18/U20	Women	Heats							
TENTATI	VE Saturo	lay JANUARY 20, 2018	MIDGET/U18/Mas	sters WINDOW	TI	ENTATIVE Saturday	JANUARY 20, 201	8 MIDGET/U1	8/Masters W	/INDOW	
					Horizontal Jumps	•		High Jump	High Jump	Throws	Throws
Time	Event	Age Category	Gender	Heat/Final	- Centre Pit	- Wall Pit	Pole Vault	Centre Pit	West Pit	Cage	Wooden
										Open	
										Women	
11:30AM	60mH	Open/Varsity	Men - Hep							WT	
					Open Men						
12:00PM					- TJ						
	60mH	Open/Varsity	Men	Heats				Open Men			
	300m	Open/Varsity	Men				Hep Men				
	300m	Open/Varsity	Women								
	60m	Open/Varsity	Men	Semi							
1:45PM	60m	Open/Varsity	Women	Semi							
					Open Women						
		Open/Varsity	Men	Timed Final	- TJ						
	600m	Open/Varsity	Women	Timed Final			0 14	0 111			
	60mH	Open/Varsity	Men	Final			Open Men	Open Women			
	60m	Open/Varsity	Men	Final							
2:45PM	60m	Open/Varsity	Women	Final							

3:05PM 1000m Open/Varsity Men Mind Timed Final	0.00014	4000	0 1/1	The The	-							
3:30PM 1500m Open/Varsity Men Timed Final				111611								
3:45PM 1500m Open/Varsity Women Timed Final	3:15PM	1000m	Open/Varsity	Women	Timed Final							
A:00PM	3:30PM	1500m	Open/Varsity	Men	Timed Final							
Saturday JANUARY 20, 2018 MIDGET/U18/Masters WINDOW Saturday JANUARY 20, 2018 MIDGET/U18/Masters WINDOW MIDGET/U18/Masters WINDOW	3:45PM	1500m	Open/Varsity	Women	Timed Final							
Saturday JANUARY 20, 2018 MIDGET/U18/Masters WINDOW Saturday JANUARY 20, 2018 MIDGET/U18/Masters WINDOW Fine Event Age Category Gender Heat/Final Horizontal Jumps - Centre Pit High Jump - West Pit Cage Wooden Mid/U18/U20/ Mid/U18/U20/ Mid/U18/U20/ Master Women - U18/U20 U18/U20 U18/U20 Women Final - U Midget Men - U Pole Vault - Men HJ Women HJ Men - SP SP	4:00PM	4x400m	Open/Varsity	Men	Timed Final							
Time Event Age Category Gender Heat/Final Horizontal Jumps Centre Pit High Jump Centre Pit High Jump Centre Pit High Jump Centre Pit High Jump Centre Pit Moden Mid/U18/U20/ Mid/U18/U20/ Mid/U18/U20/ Mid/U18/U20/ Mid/U18/U20/ Mid/U18/U20/ Master U18/U20 U18	4:10PM	4x400m	Open/Varsity	Women	Timed Final							
Time Event Age Category Gender Heat/Final Horizontal Jumps Centre Pit High Jump Centre Pit Model												
Final Fina	Sa	turday JAI	NUARY 20, 2018 MIDGET	/U18/Masters V	VINDOW		Saturday JANU	ARY 20, 2018 MI	DGET/U18/Ma	sters WINDO	W	
Mid/U18/U20/ Master Mid/U18/U20/ Master Mid/U18/U20/ Master Women - U Midget Women Mid/U18/U20/ Master Women - SP SP						Horizontal Jump	Horizontal Jumps		High Jump	High Jump	Throws	Throws
Mid/U18/U20/ Masters Mid/U18/U20/ Masters U18/U20 U18/U20	Time	Event	Age Category	Gender	Heat/Final	- Centre Pit	- Wall Pit	Pole Vault	Centre Pit	West Pit	Cage	Wooden
Midget Women Midget Men - U Midget Men - U Momen HJ Women HJ Mom - SP SP												Mid/U18/
Masters Mast											Mid/U18	U20/Maste
Masters Mast								Mid/U18/U20/			/U20/	rs
6:15PM 60mH Bantam/Midget Men Final - LJ Midget Men - LJ Pole Vault - Men Men H Men - SP SP 60mH Bantam/Midget Women Final Image: Company of the						Midget Women			U18/U20	U18/U20	l' '	Women -
60mH Bantam/Midget Women Final	6:15PM	60mH	Bantam/Midget	Men	Final		Midget Men - LJ					SP
60mH U18/U20 Men Final		60mH	Bantam/Midget	Women	Final							
6:45PM 60m Midget/U18/U20 Men Final		60mH	U18/U20	Men	Final							
60m Midget/U18/U20 Women Final		60mH	U18/U20	Women	Final							
60m Masters Men Timed Final 60m Masters Women Timed Final 7:15PM 1000m Midget/U18/U20 Men Timed Final 1000m Midget/U18/U20 Women Timed Final 7:45PM 300m Midget/U18/U20 Men Timed Final	6:45PM	60m	Midget/U18/U20	Men	Final							
60m Masters Women Timed Final		60m	Midget/U18/U20	Women	Final							
7:15PM 1000m Midget/U18/U20 Men Timed Final		60m	Masters	Men	Timed Final							
1000m Midget/U18/U20 Women Timed Final 7:45PM 300m Midget/U18/U20 Men Timed Final		60m	Masters	Women	Timed Final							
7:45PM 300m Midget/U18/U20 Men Timed Final	7:15PM	1000m	Midget/U18/U20	Men	Timed Final							
7:45PM 300m Midget/U18/U20 Men Timed Final		1000m		Women	Timed Final							
	7:45PM	300m		Men	Timed Final							
10.131 in 1300 in 1111165ct 310/310 Wolliett 11111cd 1111dt	8:15PM	300m	Midget/U18/U20	Women	Timed Final							

					TENTATIVE SC	HEDULE					
Sund	ay JANUA	ARY 21, 2018 MIDGET/U1	8/U20/Masters	WINDOW		Sunday JANUARY	21, 2018 MIDG	ET/U18/U20/I	Masters WIND	ow	
Time	Event	Age Category	Gender	Heat/Final	Horizontal Jumps - Centre Pit	Horizontal Jumps - Wall Pit	Pole Vault	High Jump Centre Pit	High Jump West Pit	Throws Cage	Throws Wooden Circle
							Mid/U18/U20/				
							Masters				
10:00AM							Women				
					Midget/U18/U20						
					Masters						
11:00AM	1500m	U18/U20	Men	Timed Final	Men - TJ						
11:20AM	1500m	U18/U20	Women	Timed Final							
		A								Midget/U1 8/U20/Mas ters Women -	
11:40AM	1200m	Midget	Men	Timed Final						WT	
		Midget	Women	Timed Final							
12:00PM		Open - Wheelchair		Timed Final							
		Midget/U18/U20/Senior/									
12:15PM	200m	Masters	Women	Timed Final							
		Midget/U18/U20/Senior/	I IVI		Midget/U18/U20 Masters						
	200m	Masters	Men	Timed Final	Women - TJ						
1:30PM	600m	Midget/U18/U20/Masters	Women	Timed Final							
										Midget/U1 8/U20/Mas ters	
	600m	Midget/U18/U20/Masters		Timed Final						Men - WT	
		Midget/U18/U20/Masters		Timed Final							
2:45PM	4x200m	Midget/U18/U20/Masters	Men	Timed Final				<u> </u>			<u> </u>

				2018 PA	NDAS	OPEN - FEB 9-1:	1, 2018 TENTAT	IVE				
TENTATIV	E FRIDAY F	EBRUARY 9, 2018 University of	of Alberta V	ARSITY WINDO	w	TEN ⁻	TATIVE FRIDAY	FEBRUARY 9, 20	18 University o	f Alberta VAR	SITY WINDOV	V
Time	Event	Age Category	Gender	Heat/Final		orizontal Jumps Centre Pit	Horizontal Jumps - Wall Pit	Pole Vault	High Jump Centre Pit	High Jump West Pit	Throws Cage	Throws Wooden Circle
4:00PM	60mH	Open/Varsity	Women - Pe	ent	Or	pen Women - Ц		Open Women Flight 1			Open Women SP	
4:05PM	60mH	Open/Varsity	Women	Heats								
4:12PM	60m	Open/Varsity	Men - Hep									
4:15PM	60m	Open/Varsity	Women	Heats								
4:30PM									Pent Women			
4:40PM	60m	Open/Varsity	Men	Heats			Hep Men					
5:00PM	3000m	Open/Varsity	Women	Timed Final								Hep Men
5:30PM	3000m	Open/Varsity	Men	Timed Final								Pent Women
6:00PM	60mH	Open/Varsity	Women	Final	Or	pen Men - LJ		Open Women Flight 2			Open Men Shot Put	
6:10PM	1000m	Open/Varsity	Women	Timed Final								
6:25PM	1000m	Open/Varsity	Men	Timed Final					Hep Men			
6:45PM	4x200m	Open/Varsity	Women	Timed Final								
6:50PM	4x200m	Open/Varsity	Men	Timed Final								
7:00PM	4x800m	Open/Varsity	Women	Timed Final								
7:10PM	4x800m	Open/Varsity	Men	Timed Final								
	M	IIDGET/U18/U20/Masters WI	NDOW					MIDGET/U18/	U20/Masters W	/INDOW		
7:45PM	2000m	Midget	Women	Timed Final			Pent Women					
7:55PM	2000m	Midget	Men	Timed Final								
8:05PM	800m	Open/Varsity	Women - Pe	ent								
8:10PM	3000m	U18/U20/Master	Women	Timed Final								
8:30PM	3000m	U18/U20/Master	Men	Timed Final								

				2018 PAN	IDAS OPEN - FEB 9-1:	1, 2018 TENTA	ΓIVE				
TENTA	TIVE Satui	rday February 10, 2018 MID	GET/U18/Mas	sters WINDOW	TI	ENTATIVE Satu	rday February 1	.0, 2018 MIDGE	T/U18/Master	rs WINDOW	
						Horizontal					Throws
					Horizontal Jumps	Jumps		High Jump	High Jump	Throws	Wooden
Time	Event	Age Category	Gender	Heat/Final	- Centre Pit	- Wall Pit	Pole Vault	Centre Pit	West Pit	Cage	Circle
						U18/U20/				Open Men	
					U18/U20/Masters	Masters				Weight	
10:00AM	60mH	Bantam/Midget	Women	Prelims	Men - LJ	Women - LJ		Midget Women	Midget Men	Throw	
10:00AM	60mH	Bantam/Midget	Men	Prelims							
	60mH	U18/U20	Women	Prelims							
	60mH	U18/U20	Men	Prelims							
10:30AM	60m	Midget/U18/U20	Women	Heats							
	60m	Midget/U18/U20	Men	Heats							
	TENTATIV	E Saturday February 10, 2018	VARSITY W	INDOW		TENTATIV	'E Saturday Feb	ruary 10, 2018	VARSITY WINI	DOW	
						Horizontal					Throws
					Horizontal Jumps	Jumps		High Jump	High Jump	Throws	Wooden
Time	Event	Age Category	Gender	Heat/Final	- Centre Pit	- Wall Pit	Pole Vault	Centre Pit	West Pit	Cage	Circle
										Open	
										Women	
11:30AM	60mH	Open/Varsity	Men - Hep							WT	
11:35PM	60mH	Open/Varsity	Men	Heats							
11:45AM	300m	Open/Varsity	Women	Heats	Open Women - TJ			Open Women			
12:00PM	300m	Open/Varsity	Men	Heats							
12:30PM	60m	Open/Varsity	Women	Semi			Hep Men				
1:15PM	60m	Open/Varsity	Men	Semi							
1:30PM	600m	Open/Varsity	Women	Timed Final				Open Men			
1:45PM	600m	Open/Varsity	Men	Timed Final	Open Men - TJ						
2:00PM	60mH	Open/Varsity	Men	Final							
2:10PM	60m	Open/Varsity	Women	Final			Open Men				
2:15PM	60m	Open/Varsity	Men	Final							

2:30PM	300m	Open/Varsity	Women	Final								
2:40PM	300m	Open/Varsity	Men	Final								
3:00PM	1500m	Open/Varsity	Women	Timed Final								
3:15PM	1500m	Open/Varsity	Men	Timed Final								
3:30PM	4x400m	Open/Varsity	Women	Timed Final								
3:40PM	4x400m	Open/Varsity	Men	Timed Final								
				V								
TENTATIV	/E Saturday	February 10, 2018 MIDGET	/U18/U20/N	lasters WINDO	W	TEN	TATIVE Saturday	February 10, 2	018 MIDGET	'U18/U20/Mas	ters WINDOW	
							Horizontal					Throws
						Horizontal Jumps	Jumps		High Jump	High Jump	Throws	Wooden
Time	Event	Age Category	Gender	Heat/Final		- Centre Pit	- Wall Pit	Pole Vault	Centre Pit	West Pit	Cage	Circle
								Mid/U18/U20				Mid/U18
								/Masters			Mid/U18/	/U20/
						Midget Women	Midget Men	Pole Vault -	U18/U20	U18/U20	U20/Masters	Master
6:00PM	60mH	Bantam/Midget	Women	Final		- LJ	- LJ	Women	Women HJ	Men HJ	Women - SP	Men - SP
	60mH	Bantam/Midget	Men	Final IV								
	60mH	U18/U20	Women	Final								
	60mH	U18/U20	Men	Final								
6:30PM	60m	Midget/U18/U20	Women	Final								
	60m	Midget/U18/U20	Men	Final								
	60m	Masters	Women	Timed Final								
	60m	Masters	Men	Timed Final								
7:00PM	1000m	Midget/U18/U20	Women	Timed Final								
	1000m	Midget/U18/U20	Men	Timed Final								
7:30PM	300m	Midget/U18/U20	Women	Timed Final								
8:00PM	300m	Midget/U18/U20	Men	Timed Final								

				2018 PA	NDA	S OPEN - FEB 9-1:	1, 2018 <mark>TENTAT</mark>	TVE				
TENTATI	/E Sunday	February 11, 2018 MIDGET	/U18/U20/M	asters WINDOW	N	TEN	ITATIVE Sunday	/ February 11, 20	18 MIDGET	U18/U20/Mas	ers WINDOW	
							Horizontal					Throws
					Н	lorizontal Jumps	Jumps		High Jump	High Jump	Throws	Wooden
Time	Event	Age Category	Gender	Heat/Final		Centre Pit	- Wall Pit	Pole Vault	Centre Pit	West Pit	Cage	Circle
								Mid/U18/U20				
								/Masters				
								Pole Vault -				
10:00AM								Men				
					Ν	Midget/U18/U20						
	7/				Ν	Masters						
11:00AM	1500m	U18/U20	Women	Timed Final	٧	Vomen - TJ						
11:20AM	1500m	U18/U20	Men	Timed Final								
											Midget/U18/ U20/Masters	
11:40AM	1200m	Midget	Women	Timed Final							Women - WT	
11:50AM	1200m	Midget	Men	Timed Final								
12:00PM	200m	Open - Wheelchair	1 M	Timed Final								
		Midget/U18/U20/Senior/										
12:15PM	200m	Masters	Women	Timed Final								
		Midget/U18/U20/Senior/				Midget/U18/U20 Masters						
1:00PM	200m	Masters	Men	Timed Final	Ν	Лen - TJ						
1:30PM	600m	Midget/U18/U20/Masters	Women	Timed Final								
2:00PM	600m	Midget/U18/U20/Masters	Men	Timed Final							Midget/U18/ U20/Masters Men - WT	
2:30PM	4x200m	Midget/U18/U20/Masters	Women	Timed Final								
2:45PM	4x200m	Midget/U18/U20/Masters	Men	Timed Final								