**Job Description** 

Title: Development Coach - Speed/Power

## **Job Summary**

Develop and maintain a training group of speed/power Track & Field athletes, ages 14-17 years Design and implement a training program – "Train to train"

Work with other UCAC coaches to maximize the transition to next phase - "Train to Compete"

Report to UCAC Coaching Coordinator

## **Work Performed**

Supervision

Supervision of practices

Attendance and coaching/supervision at competitions

**Planning** 

Develop appropriate seasonal training plans

Develop appropriate seasonal competition plans

Organize and direct practices for established training group

Organize competition entries and submit to UCAC office by indicated deadlines.

Recruit athletes and ensure all members of training group are members in good standing with UCAC.

Arrange for seamless transfer to next training group - "Train to Compete"

Work collaboratively with other UCAC coaches

Supervision Received

## Qualifications

Minimum Sport Coach Certification or work towards completing Athletic experience and coaching experience with Sprints, hurdles, jumps and/or throws. Security Clearance will be required

Send resume and references to:

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