

# Hurdling Is Fun



**This is an invitation to four sessions of fun, learning and improving your hurdle skills in our 8th annual 'Hurdling Is Fun' hurdle camp.**

When: July 11-13 2017 (Tuesday, Wednesday and Thursday).

Where: Ed Eggerer Athletics Park, Airdrie (behind the Genesis Place Recreation Centre).

Who: Boys and Girls age 12 and up (by the end of 2016).

Hurdle experience not required.

Cost: \$120. Please make cheques payable to Jan Lips.

One 2-hour practice session on Tuesday and Thursday:

10:00 AM – 12:00 Noon.

Two 2-hour practice sessions on Wednesday:

10:00 AM – 12:00 Noon and 1:00 PM – 3:00 PM.



Bring water, all weather clothing, lunch on Wednesday.

Send an email to [hurdlingisfun@gmail.com](mailto:hurdlingisfun@gmail.com) to reserve your spot or to request more information. First come, first serve. We reserve the right to limit the number of participants.

Information you need to provide: name, gender, date of birth, contact phone number and email, club or school affiliation of the participant.

Hope to see many of you there.

Jan Lips

Head Coach

Calgary Warriors Track Club