18th Annual **PEACE HILLS X-COUNTRY MEET**

Saturday September 17, 2016

Location: Peace Hills Park, Wetaskiwin, AB

Hosts: Spruce Ave JHS (Edmonton) & Wetaskiwin CHS

**Awards:**

* A race T-shirt to the top 6 finishers in each race - NEW – You’ll love the new Long Sleeved Dri Fit T’s
* Team medals and plaques
* Medals to 1st, 2nd, 3rd and ribbons 4 -10 & participants
* Overall plaques to top HS, JHS and Elementary
* Plaques to top guys and girls for combined teams.

**Schedule of Events**

**Walk Throughs:**

**9:00 am – Elementary and Jr. High**

**11:00 am – High School Only**

(Some races may begin before others are completed)

9:00 **Walk Through – Elementary and Jr. High (Please note Jr Hi walk through is NOW, NOT later)**

9:35 Grade 1 Boys - 1 km
9:45 Grade 1 Girls - 1 km
9:55 Grade 2 & 3 Boys - 1 km
10:15 Grade 2 & 3 Girls - 1 km
10:25 Grade 4 & 5 Boys - 2 km
10:40 Grade 4 & 5 Girls - 2 km
10:55 Grade 6 & 7 Boys - 3 km
11:20 Grade 6 & 7 Girls - 3 km

11:21 **Walk Through - High School only**

11:40 Grade 8 and 9 Boys - 4 km

12:05 Grade 8 and 9 Girls - 3 km

12:25 HS Junior Men - 4 km

12:50 HS Junior Women - 3 km

1:10 HS Intermediate Men - 5 km

1:35 HS Intermediate Women -4 km

2:00 HS Senior Men - 6 km

***2:00 – Open Men’s & Women’s – prizes separate – 6km***

2:15 HS Senior Women - 4 km ***(Note the overlapping start time)***

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**Award presentations:**

* All individual awards and race teams will be awarded 15 minutes after each race
* Over-all trophies at approx: - 11:25 am Elementary
* 12:15 am Junior High
* 2:55 pm High School

**Age groups:**

* Grades as indicated
* HS Junior - under 16 as of September 1, 2016
* HS Intermediate - under 17 as of September 1, 2016
* HS Senior - under 19 as of September 1, 2016

Cost: $10 per competitor with $210 maximum for school.

*(Clubs - please enter athletes under school)*

***Make cheques payable to Peace Hills X-Country or see trackiereg below***

**Deadline for entries is Tuesday September 13th by 6:00 pm, post entries $15.00 each**

We are pleased to announce that again this year our registration and timing will be handled by **Ellis Timing** *and* if you have ever stood in line trying to register you will be happy to know that on line registration and payment is now being handled by **Trackie Inc.**

**Enter by going to** <http://www.trackiereg.com/PeaceHillsXC>

**For more information please contact:** Pete Wright at (780) 479-1860 or (780) 619-9690 (cell) or by email at peacehills.xcountry@gmail.com

Concession and portable washrooms on site.

**A very limited # of the meet T’shirts will be on sale for $25 each.**

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