

In effect as of March 1, 2015, all Provincial Championship meets and meets acting as Provincial Team Trials athletes in the midget, youth, juniors, senior, and masters' category must enter with a verifiable performance from the current rankings.

- Current indoor verifiable performance is defined as one occurring indoors at a sanctioned meet after January 1st of the previous year. For example, any performance indoors after January 1st 2012 would count as a seed for the 2013 indoor championships or team trials.
- Current outdoor verifiable performance is defined as one occurring outdoors at a sanctioned meet after May 1st of the previous year. For example, any performance outdoors after May 1st of 2012 would count as a seed for the 2013 outdoor championships or team trials.
- If the athlete does not have a verifiable performance they must enter “No Time” or “No Mark” depending on the type of event.
- Athletes entered with a performance that cannot be verified will have their performance changed to “No Time” or “No Mark” by the Host Organizing Committee, or designate by consultation with Athletics Alberta.
- Athletics Canada’s, Athletics Alberta’s, and the Canadian Interuniversity Sport rankings will be used to verify performances. It is the responsibility of athletes and coaches to ensure their performances are listed in the rankings and are accurate. Please refer to policy on membership and how it affects performances reflected in the rankings.
- Indoors is considered to be a separate season from outdoors and performances from one cannot be used for the other.
- Special consideration will be made in the following cases:
 1. For Varsity athletes competing at Alberta Indoor Championships when due to varsity commitments have no seed performance for the following races: 200m, 400m, and 800m. If the athlete has a performance during the designated window then the athlete must use that performance as their seed. If there is no performance then an appropriate seed will be generated by the Meet Director or designate as follows: 300m to 200m, 300m or 600m to 400m, 600m or 1000m to 800m.
 2. For Age Class athletes who do not have a performance in the 200m, 400m, or 800m due to lack of Alberta Meet opportunities offering these events in the current and past indoor season or they are new to the sport. If the athlete has a performance during the designated window then the athlete must use that performance as their seed. If there was an opportunity in Alberta during the designated window and the athlete chose not to participate, then no seed shall be generated. If there is still no performance then an appropriate seed will be generated by the Meet Director or designate as follows: 300m to 200m, 300m or 600m to 400m, 600m or 1000m to 800m
- If an athlete is competing in an older age class and does not have a performance in the offered event because their own age class does not offer that event, then no seed shall be generated.
- The Host Organizing Committee will have final discretion on entry list and reserves the right to adjust seeds or remove them in accordance with this policy.