

SPONSORS



REGISTRATION

Mail entries to: **Edmonton Racewalk Club**
c/o Phil Vesty
2021 Chalmers Way, SW
Edmonton, AB T6W 2G1
email: philvesty@shaw.ca

Deliver to Walking for Fitness drop-in classes at the following locations:

Commonwealth Community Recreation Centre
Saturdays @ 9:15 a.m.

Saville Community Sports Centre
Wednesdays @ 6:30 p.m.



2015 Alberta Provincial Racewalk Championship

celebrating 20 years of race walking events in Edmonton

Athletics Alberta Sanctioned

20K, 10K, 5K

**Road Races
(chip timed results)**

**Saturday, September 12, 2015
Hawrelak Park, Edmonton, Alberta**

Hosted by the



<http://edmontonracewalkclub.org>

Race Information & Awards

NO RACE DAY REGISTRATION

REGISTRATION

Registration and payment will only be accepted until September 9, 2015.

UNITED CYCLE CHIP TIME RESULTS

High tech timing system.

COURSE

A certified 2.5 km loop through Hawrelak Park. The course has a good surface that is virtually flat.

WATER, WASHROOMS

There will be two water stations per lap. Washroom facilities are available near the start line.

MEDICAL

First aid and medical assistance will be available on site.

RACE TIMES

20 Km—9:00 am
10 Km—9:00 am
5 Km—10:00 am
2.5 Km—10:00 am

RACE NUMBER PICKUP

Race number pickup at the Pasta Party and on race day at Picnic Shelter #2 (by Foot Bridge), Hawrelak Park, starting at **8:00 am**. (Shelter #2 is approximately ¼ way around the park).

PRE-RACE PASTA PARTY

The pasta party will be on Friday (Sept 11) starting at **6:00 pm** at *The Old Spaghetti Factory*, downtown, 10220-103 Street (780-422-6088).

To reserve a spot send an email to Phil Vesty at philvesty@shaw.ca by Monday, September 07, 2015. Space is limited. Note: you are responsible for the cost of your meal.

AWARDS

Provincial and other awards will be presented to the 1st, 2nd and 3rd place finishers in each category.

AWARDS PRESENTATION

At Picnic Shelter #2, Hawrelak Park, after completion of the last race. Family and friends are invited to join. Refreshments and food will be provided.

Waiver

In consideration of my participation in the September 12, 2015 Alberta Provincial Racewalk Championship I hereby release and discharge Athletics Alberta, the City of Edmonton, the Edmonton Racewalk Club, and all official sponsors connected with the September 12, 2015 Alberta Provincial Racewalk Championship. This is binding upon heirs, executors, administrators and assigns for all parties, jointly and severally. I agree to hold and save all parties harmless from and against any and all actions, claims, demands, liabilities, loss, damage or expenses of whatever kind or nature, including attorney fees, which may at any time be incurred by reason of my participation for the said September 12, 2015 Alberta Provincial Racewalk Championship.

I have full knowledge of the risk involved. I am physically fit and sufficiently trained.

Note: Registrations without signed waiver will be on hold until signature obtained.

Signature / Guardian if under 18

Date

← **DETACH AND SUBMIT WITH PAYMENT**
(see reverse for mailing details)

REGISTRATION FORM (1 PER PERSON)

Sign up for:	Time	Early Bird Price**	Regular Price***
<input type="checkbox"/> 20 K Open (8 laps)	9:00 am	\$45.00	\$55.00
<input type="checkbox"/> 10 K Open (4 laps)	9:00 am	\$45.00	\$55.00
<input type="checkbox"/> 5 K Open (2 laps)	10:00 am	\$45.00	\$55.00
<input type="checkbox"/> 2.5 K Open (1 lap)	10:00 am	\$45.00	\$55.00

**Early Bird price until August 15

***Regular Price August 16 to September 9

Total: _____

Name

Address

Phone

Email

Age on race day: _____ Male Female

100% POLYESTER POLAR FLEECE FULL-ZIP VEST. Select vest size from Men's or Women's options listed below.

Women: XS, SMALL, MEDIUM, LARGE, XL, 2XL

Requested Size: _____

Men: SMALL, MEDIUM, LARGE, XL, 2XL, 3XL

Requested Size: _____

How many will attend Pasta Party? _____

Please make cheque payable to:
Edmonton Racewalk Club