

Multiple Events Framework

(for Pee Wee & Bantams Athletes)

2007-2008 Athletics Alberta Combined Events Policy revision

Multiple Events Introduction

- Starting in the Spring of 2008, Athletics Alberta will implement a revision to the format of Pee Wee and Bantam competitions
- The shift will focus on an evolution of the current combined events program to an holistic multiple event framework
- The new format aligns with current Athletics Alberta & Athletics Canada's athlete development framework of the Long Term Athlete Development (LTAD)

Multiple Events Introduction

- The new format will increase flexibility for athletes, coaches, parents, officials and meet directors
- Compliments programming for Run Jump Throw, Hershey's Track & Field Games, Legion Provincial Camp, Alberta Summer Games and School Track & Field Programming
- Addresses our programming alignment initiative as outlined in the 2007-2012 Athletics Alberta Strategic Plan

Multiple Events Philosophy

Goals and Emphasis:

- Enjoyment and Social Interaction
- Skill Development
- Increased exposure of Track and Field
- Sportsmanship and Fairplay (TrueSport)
- Pursuit of Personal Excellence
- Alignment with LTAD, Hershey's, ASG & Schools
- Efficient competitions
- Athlete Retention

Multi Events Framework

- Each Day of Competition will feature 4 events for Pee Wee and Bantam Athletes (1 sprint, 1 jump, 1 throw, 1 distance). Relays will be optional*
- The Multi-Event Window should be 2-3 hours for warm-up, competition, and cool downs
- Each category will have a designated chaperone to manage athletes, results, and coordinate with meet officials
- Athletes will move from event to event with their chaperone until the final event is complete (Rotational Competition)

Pee Wee Events (approved events)



Indoor Events	Outdoor Events
Sprints: 60m 60m Hurdles (2009) 200m	Sprints: 60m Hurdles (2009) 100m 200m
Distance: 600m 800m 1000m	Distance: 800m 1000m 1500m
Jumps: Long Jump High Jump Standing Long Jump	Jumps: Long Jump High Jump Standing Long Jump
Throws: Shot Put Med Ball Throw	Throws: Shot Put Discus Ball Throw

Bantam Events (approved events)



Indoor Events	Outdoor Events
Sprints: 60m Hurdles 60m 200m	Sprints: 80m Hurdles 100m 200m
Distance: 600m 800m 1000m	Distance: 800m 1000m 1500m
Jumps: Long Jump High Jump Standing Long Jump	Jumps: Long Jump High Jump Standing Long Jump
Throws: Shot Put Med Ball Throw	Throws: Shot Put Discus Javelin

Provincial Championships

- Athletes receive ribbons for their individual event placing overall (1-10)
- Athletes score points for their individual events (1st = 10pts, 2nd = 9pts...10th = 1pt...)
- The athletes with the highest cumulative total over 4 events will receive awards (1-3 Medals, 4-10 Ribbons)
- AB Provincial Championship set events based on approved list of events (previous slides); This will include relays

Provincial Awards

The Top 10 Athletes in each category will be recognized at the Athletics Alberta Annual Awards. The intent will be to recognize athletes for their well rounded ability.

Criteria:

1. Athletes placing at the Provincial Championships
 - Participation at Provincials is mandatory for awards consideration
2. Athletes participation at other competitions across the Province
 - A subjective evaluation based on points tables & results

Sample Track Schedule



Tentative Track Event Schedule

	Saturday, June 28 8:30am-5:00pm		Sunday, June 29 8:30am-5:00pm
8:00am	Coaches' Technical Meeting-TIC	8:00am	Coaches' Technical Meeting-TIC
8:30am	1500m	8:30am	3000m
8:45am	Pee Wee & Bantam Check-In	8:45am	Pee Wee & Bantam Check-In
9:30am	100m Pee Wee 100m Bantam	9:30am	60mH Pee Wee 80mH Bantam
10:00am	100m Heat	10:00am	100mH/110mH
11:00am	400mH Timed Finals	10:30am	200m Heats
11:45am	600m Pee Wee & Bantam	11:45am	1000m Pee Wee & Bantam
Lunch			
1:30pm	100m Finals	1:30pm	800m
2:30pm	400m Timed Finals	2:30pm	200m Finals
3:30pm	4x100m Relays	3:30pm	4x400m Relays
4:00pm	2000m/3000m SC	4:00pm	1500m/3000m/5000m RW

Sample Field Schedule

Tentative Field Event Schedule

Saturday, June 28 9:00am-4:00pm		Sunday, June 29 9:00am-4:00pm	
8:00am	Coaches' Technical Meeting-TIC	8:00am	Coaches' Technical Meeting-TIC
9:00am	Men's Triple Jump	9:00am	Women's Triple Jump
	Women's Discus		Men's Discus
10:00am	Pee Wee Girls Med Ball	10:00am	Pee Wee Girls Long Jump
	Pee Wee Boys High Jump		Pee Wee Boys Shot Put
	Bantam Girls Shot Put		Bantam Girls High Jump
	Bantam Boys Long Jump		Bantam Boys Med Ball
10:30am	Women's Long Jump	10:30am	Men's Long Jump
	Men's Javelin		Women's Javelin
11:00am	Pee Wee Girls High Jump	11:00am	Pee Wee Girls Shot Put
	Pee Wee Boys Med Ball		Pee Wee Boys Long Jump
	Bantam Girls Long Jump		Bantam Girls Med Ball
	Bantam Boys Shot Put		Bantam Boys High Jump
1:30pm	Men's Pole Vault	1:30pm	Men's High Jump
	Women's Shot Put		Men's Shot Put
2:30pm	Women's Pole Vault	2:30pm	Women's High Jump
	Men's Hammer		Women's Hammer

Questions?

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